

# THIS VIELS

12-18 MARCH 2010

### **Nuts NEWS**

- **4** Geneva Motor Show
- 8 New Girls Aloud pics!
- **10** Rude News
- 12 F1 season preview
- 15 The Nuts Lip-Reader
- 16 Incredible pic of ship's gun mid-blast!
- 19 Halo: Reach: first look
- **20** Peta Todd tests new World Cup boots!
- **23** *The Pacific*: awesome Spielberg WWII drama!



### **Nuts FEATURES**

- **36** Interview: **James Corden**
- **38** Weirdest footy injuries ever!
- **40** Britain's 100 **Boobiest Babes**



### **Nuts SPORT**

- **54** Nuts chats to Rooney and Ronaldinho
- 56 It's Kammy's column!
- **59** Nuts About Sport Nuts
- **60** Ring Of Truth
- 63 Quote Me On That!
- **65** Striker



### **Nuts REAL GIRLS**

- **66** Bedroom Babes
- **69** Our Postbag
- 71 10 Rude Questions NEWY
- **72** Real Girls, Real Places
- **75** Ladies Confess



### PLUS!

- 27 Gadgets
- 28 Letters
- **30** Jokes 32 Camera
- 24 Don't Look! 33 Pop Out In Public!
  - 34 Naff Tats
  - **35** The Truth About Sex
  - **76** Fashion
  - **78** Reviews
- Phone Comedy 80 TV reviews
  - 98 Pub Ammo





# UISIA

GIVING IT SOME CHOKE, EVERY WEEK

# 2010's coolest new cars.

Geneva Motor Show's sweetest rides!

he annual Geneva Motor Show traditionally showcases the most kick-arse new cars from around the world - and this year's didn't disappoint. With

mad hybrids, bright-blue Rollers and rides costing £1.3million, our eyes were out on stalks. Wonder if they'll take our clapped-out Fiat Uno as part exchange?

#### **LAMBORGHINI GALLARDO LP570-4 SUPERLEGGERA**

This is Lamborghini's lightweight, carbon-fibre Gallardo – and it's hardcore! The new 5.2-litre engine boasts 562bhp and 398lb-ft of torque. Top speed is 202mph. And using Lambo's built-in Launch Control, it'll hurtle from 0-60mph in 3.4 seconds. Most impressive, though, is the weight loss owing to carbon-fibre refinements. The car weighs in at just 1,340kg – 70kg lighter than the LP560-4.

Kermit tried his best to impress Piggy



### **PORSCHE 918 SPYDER**

Porsche's super-sleek hybrid will do 0-60mph in an astonishing 3.2 seconds and close to 200mph, and yet it's even more eco-friendly than a Toyota Prius! Everyone's a winner, then.



### **MANSORY ROLLS-ROYCE GHOST**

German tuner Mansory has made the Ghost even less subtle, and given it 720bhp and a 193mph top speed. Now all you need to do is find a chauffeur brave enough to take you for a spin in it.





of £1.3million. No doubt Stephen Ireland's on the waiting list.

expect to cough up around £700,000. We'll take two, please!



is a whopping 230mph and 60mph comes up in 3.7 just seconds.

and powers the Agera to a Stig-scaring top speed of 245mph!

bonnet!"



#### 6 Nuts

drives without fear of being ridiculed? We'll keep you posted.





### **FAB DESIGN MERCEDES SLR**

Here's another strange tuned car from Germany. This time, it's from FAB Design, which has turned an SLR into the sort of motor a Stormtrooper would drive. Top speed is a decent 192mph.



### **FERRARI 599 HY-KERS**

This beast is green in more than one way, being that it's a petrolelectric hybrid. It's still quicker than a standard 599, though, with a top speed of 200mph and a 0-60mph time of 3.5 seconds.



#### SUMPERT APOLLO

An Apollo recorded the quickest time around the *Top Gear* track, and now Gumpert has made a 850bhp race version with a twinturbo 4.2-litre V8 engine and an F1-style gearbox. Be scared!



### MANSORY CYRUS ASTON MARTIN DB9

Those Mansory boys are at it again. This time, it's a carbon-fibre-bodied Aston DB9 that costs half a million quid! If 007 is reading this, we imagine he'll be on the blower to Q right about now.

**Nuts EXCLUSIVE!** 

## Unseen Girls Alou

Never-beforeaired sexy snaps unearthed!

ou know when you go through an old pair of jeans and find a sweet £20 note you'd forgotten about? Well, this is the *Nuts* picture version of that, only it's

more the winning lottery ticket version, as we've unearthed unseen snaps of the booby pop phenomenon that is Girls Aloud.

So do the windscreen-wash thing on your eyes, because you,

lucky reader, are the first man ever to cast your peepers over these shots, snapped for a calendar that was never made.

Apart from us at *Nuts*, who made the page last week, of









# Formula One 2

## The Bahrain circuit - venue of the first race of 2010 - cost £100m to build.

#### MB: "WEBBER 6TH!"

voda.

**Nuts says:** Put your money on the Aussie to win at least one GP, but his lack of consistency will be a problem for him.

### MB: "SCHUMACHER 4TH!"

**Nuts says:** We're salivating at the return of the German hero, but it's hard to see him passing the McLarens or Alonso.

roda

#### MB: "BUTTON 3RD!"

TROND

Nuts says: Jenson's smooth style will keep the thinner front tyres on the track, but he'll take time to settle at McLaren.

Merced defection pairing Lewis High this year Champing the most

ith the return of German legend Michael Schumacher to a revitalised Mercedes, Fernando Alonso's defection to Ferrari, and the Brit pairing of Jenson Button and Lewis Hamilton at McLaren, this year's Formula One Drivers' Championship promises to be the most exciting for yonks!

But who'll be top dog come the end of the season? We asked BBC F1 commentator Martin Brundle to give us his expert opinion on who'll be in pole position come November.

The BBC is covering the entire F1 season on TV and radio, online and on the red button. Visit bbc.co.uk/sport for details

David Coulthard's view

The former F1 ace on rule changes and potential winners



Hi David! Which rule changes do you think will have the biggest impact this season?

The narrower front tyres, and the fact that refuelling during races is now outlawed. The latter rule will have the biggest effect, as cars will be carrying 220 litres of fuel and travelling five seconds a lap slower, so it could change the style of racing completely.

Who is most likely to be affected? The drivers who consistently deliver fast laps. There are guys who can vary their lap times. An extreme example would be Jarno Trulli. We used to say that if you got stuck behind him, you were in for a slow weekend!

So who's going to win it?

The top four teams all have winning drivers. But how do you separate a Hamilton from

### **Bahrain Grand Prix**

Sun 14 March, 11.10am, BBC1

a Button or an Alonso from a

Schumacher? It's hard to call.

### MB: "VETTEL 5TH!" Nuts says: The Red Bull cars

Nuts says: The Red Bull cars get quicker every year, and the German is supremely gifted. But he's a talent for the future.

### dafone

#### MB: "HAMILTON 2ND!"

**Nuts says:** Lewis' fearless overtaking will suit the rule changes, but he'll fall just short of repeating his 2008 triumph.

#### MB: "ALONSO 1ST!"

Nuts says: Alonso's clear head, experience, consistency and car will combine to give the Spaniard overall glory this year.

www.WorldMags.net & www.Journal-Plaza.net

### LOSING IS NOT AN OPTION, BECAUSE I'M THE HOST



THE NEW PANEL SHOW THAT DOESN'T TAKE SPORT TOO SERIOUSLY



# THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA coach!





**ASTON VILLA VS MAN UNITED** 3.14pm The Villa defender reckons Michael Owen's hoodwinked the ref, but is booked anyway.



ENGLAND VS EGYPT Wembley Wed 3 March, 8.34pm Wazza gives his team-mates a rocket after their lacklustre start to the game.



City's midfielder demands the ref sends Michael Ballack packing.

The Villa boss expects Nemanja Vidic to walk for his foul in the area.



STOKE VS ARSENAL Britannia Stadium, Sat 27 Feb, 6.51pm The Arsenal man's in no mood for excuses after Aaron Ramsey is injured. 15

# Cz snapper gets extraordinary warship money shot!

his is the incredible moment a shell is captured on camera as it's shot from the cannon of a warship. As the shell shoots out of the cannon, the burnt gunpowder can be seen exploding out of the end as the armour-piercing round flies towards its target.

The impressive shot was taken by Andrew Dakin on board the

HMAS Anzac as it took part in training exercises off the coast of eastern Australia. With his talent for capturing unlikely shots, we're considering tasking Andrew with getting a snap of one of his Aussie countrymen

buying a round.

That'd be truly

spectacular!

**EXPLOSIVE!** 

Fellaini struggled to fit down the ship's chimney





### press play



£13.99

out now

The deathly traps and cunning plotting return for this sixth entry in the hugely popular SAW film series

also available on 🥌



£9.99

out now

Snowbound thrills and cannibalistic chills highlight this frostbitten shocker about three snowboarders fighting for their lives in an isolated mountain cabin



£7.99

out now

Danielle Lloyd stars in this tense British horror - a uniquely claustrophobic experience which pulls you in and offers no mercy



£14.99

out now - 2 DV

Lyoto 'The Dragon' Machida defends his UFC light heavyweight crown for the first time against former PRIDE star Mauricio 'Shogun' Rua. This double DVD has over four hours of content and bonus material









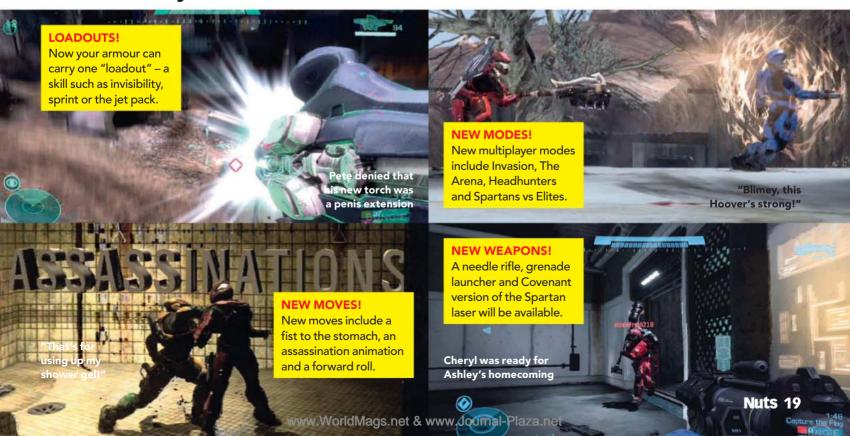
# Halo multiplayer A prequel to the ga

revealed Reserved Reversion of the Hardward Reversion of the Hardward

And it's every bit as mental as ever!

got your copy of Halo 3:
ODST, there was another disc in it? Well, that was the Halo: Reach multiplayer beta – and prepare for your gob to be viciously smacked, because it looks utterly kicking.

A prequel to the game, this is an online-only multiplayer mash-up that throws up loads of clues as to how the campaign will play, with new moves, weapons, armour, venues and game modes. Stick your disc in your Xbox from 3 May – it's going to be mental!



Nuts WORLD CUP COUNTDOWN

# New World Cup Can new Nikes make even girls good at footy?

veryone knows girls are rubbish at football. But that could be about to change, thanks to Nike!

The sport-kit giants gave us a call and harped on so much about how revolutionary their new Mercurial Vapor Superfly II boots are, we gave them the ultimate challenge: can they make a girl good at football?

To test our theory, we called in Peta Todd (Games: 0. Goals: 0. Balls actually kicked: 0), poured her into a woman-sized pair of Mercurials and stood back to admire the results...

Nab a pair of Mercurial Vapor Superfly II boots for £275 at www.nike.com/nikefootball



"Do you mind? I'm trying to do the cancan!"



SPEED TEST

Unbelievable! Peta was out of the blocks like she'd just heard there was a shoe sale on, thanks to extra traction at the front end of the boot!

Navigating her way round Fergie's chewing gum was tricky

### **SHOOTING**

Peta nearly took the net off with her new shooting ability. Call her up to the England squad, Fabio – she'll probably score more than Heskey!

### **DRIBBLING**

**HOT SHOT!** 

www.WorldMags.net & www.Journal-Plaza.net

Our girl was in and out of the cones we put up like some kind of greased-up weasel. If they were real defenders, they'd be eating her dust!





### ORDER NOW ON DVD & BLU-RAY

available at



## Man TV of the year!

We get Spielberg's new war series in our sights!

early ten years after they made belting Second World War TV series Band Of Brothers, Tom Hanks and Steven Spielberg are back with ace sequel The Pacific!

The ten-parter, which cost £120m to make, follows three US Marines from their landings on Japanese beaches in 1942 through to VJ Day. The cracking drama starts on Sky Movies this Easter weekend – don't miss it!

### **EPIC FIREFIGHTS!**

#### **FIRST OFFENSIVE**

Troops return fire in the Battle of Alligator Creek on the island of Guadalcanal, the first major offensive launched by Allied forces against the Empire of Japan, in which 7,100 US troops lost their lives.

"Can you check my Facebook page while you're online?"

Phil's paintball party was getting out of hand "I'm telling you – a lick of paint and we could sell this on eBay!"

REAL-LIFE HEROES!

**HUGE WARZONES!** 

### **DECORATED VETERAN**

The show features the exploits of real-life hero John Basilone, who was awarded the Medal of Honor, Navy Cross and Purple Heart after holding off 3,000 troops when his unit of 15 was reduced to two men.

### **MASSIVE BATTLE**

US soldiers take cover during the Battle of Peleliu as they attempt to capture a Japanese airstrip on this small coral island. A total of 1,794 troops were killed and 8,010 wounded during this battle.

**Nuts 23** -

## DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com



24 Nuts

His right ear was shy
www.WorldMags.net & www.Journal-Plaza.net

# Murder a great movie?







1000s of other titles to choose from



## POKER. EVOLVED)



WWW.PKR.COM/NUTS



Please gamble responsibly. For more information and advice visit www.gambleaware.co.uk.



# Nuts GEAR



## 

The page that has our postie in stitches every week!

Send your letters to **nutsletters** 

### What's the story?

While in Thailand at Christmas, I wasn't looking forward to breakfast once I'd seen the menu! James Green, via email

Our Thai expert tells us that "morning glory" is in fact spinach. Thank God!

Fried pineapple with: > Pork/fish/tofu/chi Fried ginger vegetable

"Hmm, mine tastes a bit hard!"

Fried ginger vegetable with:

> Pork/fish/tofu/chicken

Fried morning glory

Fried morning glory with:

Pork/fish/tofu/chicken

### Now, that's brown bread!

Dear Nuts,

Well, at least Marks & Spencer are honest about the quality of their loaves! Johnno, via text

Well, we're not going to buy their chocolate spread!



### A spicy little message

Dear Nuts.

I decided to continue the "rude food" trend in Morrisons!

John K, Paisley

And all for the total price of £2.36. What a bargain!



### It's another **Deano beano!**

Dear Nuts,

Me and the lads were shocked to see footy legend Dean Windass in our local pub at the weekend. We told him to keep up the hilarious work!

Marcus Strudwick, Bradford Just a thought... next time,

### **Drop those** drawers!

**Dear Nuts,** We bought our new kitchen cupboards from **B&Q** and were disappointed!

John Arthur, Rochester 800mm wide does seem a little on the large side!

DRAWER PACK T





@ipcmedia.com or to the address on p70



### A thriller from the Villa

Dear Nuts

I thought I'd send you a picture of my mate in my *Nuts* vest. I think it looks better on him!

Sara Gill, via email

Given he's a Villa fan and will be down after the Carling Cup final, we'd better agree with you!



### Natalie dressed

Dear Nute

This is me in my *Nuts* vest and shorts. I'm a Camera Phone Cutie!

Natalie Crowley, via email

Thanks for pointing out where we should look, Nat!

See more funny stuff at www.nuts.co.uk/spambank



### Win £100 to spend at PLAY.com

Send your letters and hilarious spam pictures to nutsletters@ipcmedia.com or to the address on page 70. The sender of the week's best letter\* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with big savings and free delivery on everything. Visit www.play.com for great deals on DVDs, games, books, CDs, digital downloads, mobiles, electronics and more!



"Hi, I'm the priest

for your wedding!"

Bursting with all the best gags, every week!

Send your jokes to nutsjokes@ipcm

### SHORTJOKES.

This joke is written in a font people with tiny willies can read. How's it going so far? Gaz. Widnes

My wife's just left me 'cos she says I love football more than her... we've been married for 15 seasons! Tamir, London

A woman walks into a bar and asks the barman for a large innuendo.

So he gives her one!
Robert Holness, Holyhead

Q: What's harder to stop than smoking? A: A Toyota

Two silkworms were in a race It ended in a tie

Chinner, via email

## **Drugs funny** Having spent six months in rehab, Pete Doherty "So do a lot of people I've spoken to about you,"

### **Putting his** foot in it

Jon Goldsmith, via email

Two blokes are walking towards each other from opposite ends of the road, both dragging their right foot on the ground.

As they get close to each other, the first bloke points knowingly at his foot and says, "Afghanistan, 2007."

The second fella points at his foot and says, "Dog sh\*t, 20 yards back!" Tazo, via email



### He's got half an ear on it

A bloke goes to the doctor and says, "Doctor, I've got a very serious problem. I seem to be able to hear only half of everything."

"That can't be right," answers the doc. "Either you can hear everything or vou can't actually hear anything. Let's see. Repeat after me... Ninety-six."

"Forty-eight," the man quickly replies.

Chris Slater, Cardiff



### **Speaking**

"I've got a really big part in the school play," little Tony tells his dad. "I'm playing a man who's been married for 25 years!"

"That's nice," replies his Dad. "Maybe you'll get a speaking part next year!" James W, Tunbridge

### Win an Xbox 360 and FINAL FANTASY XIII!

Send your jokes to nutsjokes@ipcmedia.com or to the address on page 70. To celebrate the release of FINAL FANTASY XIII, the sender of this week's best joke\* will win an Xbox 360 Elite and a copy of the game! Two runners-up get a copy of the game.



GETTY, PA PHOTOS, ALAMY \*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 70 APPLY



weight. She uses dieting pills.
I told her the other day that they
don't work if you butter them!"

### **DAVID WALLIAMS:**

"The Pope doesn't approve of homosexuality. **Unless it's** between a consenting adult and a choirboy!"

### **MILTON JONES:**

"I've always wanted to go out with a Russian, as in my experience, inside every Russian woman... is another Russian woman!"

**DAVID TENNANT:** 

"Venus isn't so bad. I've been to planets in the **Solar System and** you'd be surprised how many look like quarries in Wales!"

### JIMMY FALLON:

"President Obama took his family to see Avatar at a special screening in Hawaii. After seeing the film, he said, 'So that's what it's like when something does live up to the all the hype!"

**JIMMY CARR:** 

"Next year, Cadbury's" workforce will be half the size - or as Kraft



Frank, Fife

### **Asking** for trouble!

A bloke finds a condom in his 15-year-old son's coat.

"What's this?" he asks. "I use it to eat prickly

pears," says the lad.

"That's a f\*\*king stupid answer," says the dad.

"Well," says the boy, "it's a f\*\*king stupid question!" Michael Skaars, via email



### **ONLY IN** Text 'Nuts' and your picture to

Seen something daft? Snap it, send it in and win £100

**0771 388 8008** (texts are free but standard network charges apply\*). Pic Of The Week wins £100 cash!\*\* T&Cs on page 70.



"This is what happened when my mate fell asleep in a dinghy!" Google, Bognor









"Me and my mate were out for a drive when we saw this tree." Anon, via text







Have a cheeky flash – and earn some cash!

### **HOWZAT!**



**EMILY 24, from London**"I'm an England cricket fan, so I thought I'd motivate our boys!"



Email your pictures to nuts

CHLOE 21, from Surrey
"I bet I'm the first girl who's popped out on horseback!"



**JEMMA 20, from Lincolnshire**"Yep, I bet it's a good Vue from where you're standing!"



STACIE 19, from Doncaster
"Woo-hoo! This was a fun afternoon down at the park!"

# The best of the worst of your terrible tats!

**RUBBISH FISH!** 

**NAME:** Ashley Hobbs

WHY? "I love Patrick the

Starfish from SpongeBob!"

**COST?** Free

**WEIRD WAND! NAME:** Andy Krane COST? £100 WHY? "I do a bit of magic, so it's meant to be a wand!"

ONLY IN

Send your pictures to nutsletters@ipcmedia.com



The sender of the week's naffest tat wins £50!\* Send your tats to nutsletters@ipcmedia.com or text them to 0771 388 8008.



NAME: Callum Jones COST? £40 WHY? "My mates bet me I wouldn't get it. I won!"



WANTED: GORGEOUS BABES







### Got what it takes to join the 2010 Bennetts Babes Squad?

- · 8 squad members needed.
- · Each winner receives a modelling contract.
- · Represent Bennetts at loads of glamorous biking events.
- · Looks, attitude and ambition a must!

#### Want to be a judge?

We're also looking for two lucky judges to select the final line-up of babes. You'll need an eye for beauty, a cool head, and some serious bragging skills.

Hot babes and cool judges should apply now at:

bennettsbabesearch.co.uk



UK's No.1 for bike insurance

# THE TRUTH ABOUT SEX WITH... LEAH FRANCIS!

Nuts girls solve your bedroom bother!

Email guestions to thetruth\_sex@ipcmedia.com



### **High heels** make me randv

I get really turned on by high heels but I'm afraid to tell my girlfriend in case she thinks I'm a bit weird. We haven't tried anything too different in bed, but I'd love to have sex with her while she wears stilettos. What do you think I should do?

Dev, Leicester

Go for it! Girls love shoes - it's almost like a fetish for us! Why not take her shopping, buy her

a pair of stilettos that she really likes and tell her that you'd really like her to wear them in bed one night. I bet she agrees to it!

### Is a threesome a good idea?

My new girlfriend was a bit tipsy the other night and mentioned the possibility of us having a threesome with a female friend of hers. Is she serious and do you think it would be a good idea?

Marc, Swindon

I've got mixed views about this one. If you're confident in your relationship, open-minded and positive no one will get jealous, why not? It should be a lot of fun! But, on the other hand, if either of vou are even a little bit doubtful, I'd give it a miss. You've got to be 100 per cent sure before getting involved in a threesome.

Is penis size

I'm having a crisis of confidence. My manhood isn't tiny and I've had no complaints but, at the same time, it isn't exactly on the huge side either! Does size really matter to a girl when it comes to the bedroom? Giles, Coventry

Try to remember the motto "It's not the size of the boat, it's the motion of the ocean" - it's really true! The most important thing is knowing how to use what you have, rather than worrying about how big it is. There's no point having a massive member if you're absolutely rubbish in bed!

### **Nuts BABES'** important?

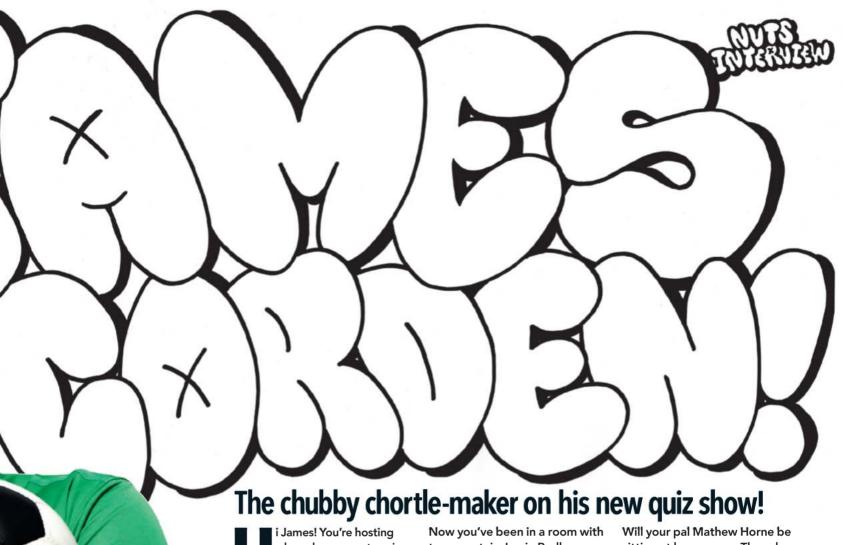
No.5: "Get your girlfriend to pop an ice cube in her mouth while she's pleasuring you. It'll add a whole new dimension!" **India Reynolds** 





**NEXT WEEK: EMMA GLOVER ANSWERS YOUR LETTERS!** 





a brand-new sports quiz show, A League Of Their Own, on Sky 1. Excited? Yeah, very excited! Sometimes, I find myself thinking, "Is this really my job?" I get to sit in a room with Freddie Flintoff, Jamie Redknapp, Jimmy Carr and Amir Khan, talk about sport and try to be funny. If I wasn't on the telly, I'd be at home or in the pub talking about sport and trying to be funny anyway! You don't exactly look like the trained athlete one might expect to find hosting a sports quiz show. No offence! I beg your pardon? But you're right, I'm not the sportiest person in the world. But that's the thing about the show - it's a sporting quiz, but you don't have to be a massive sports fan to enjoy it. You can watch it with the missus and you'll both still enjoy it. Well, if it means we don't have to watch Desperate Housewives! Will you be getting your top off for the ladies as per usual, or will you be sparing us the sight of your, ahem, six-pack this time? I think there's a slight reveal but I've tried as best I can to keep the old torso well covered. I've learnt my lesson!

"I've tried to

keep up with Flintoff in the

pub but failed

drastically"

team captain Jamie Redknapp, can you tell us exactly how package-huggingly tight his trousers are? They're pretty tight but Jamie has the package to pull it off. I've seen the outline and it's quite a piece, I can tell you. That boy's packing some serious armoury down there. If mine was that impressive, I wouldn't wear trousers. I'd wear Lycra! Who'd win a drinking contest between you and captain of the opposing team, Freddie Flintoff? Oh, sh\*t-Freddie, without a shadow of a doubt. I've tried to keep up with him in the pub twice and failed drastically on both occasions. The man is absolutely incredible. If you're stood with him, it's basically a never-ending glass of wine because when you're not looking, he goes and tops it up. You think, "Ah, it's been a quiet night - I've only had one glass," but you've actually drunk a whole bottle! And who'd win a fight between you and A Question Of Sport presenter Sue Barker? You know, I think it would probably be Sue because I've heard she has a f\*\*king killer left hook on her. No one ever banks on her uppercut. That woman's lethal!

sitting at home every Thursday, crying his eyes out because you haven't invited him on the show? I don't think so. Mathew's very busy up in Manchester at the moment, shooting a TV film called All About The Boy. I was hoping he could come on but, unfortunately, he's tied up. If you were Wayne Bridge, how would you have dealt with the John Terry situation? Bunch of flowers? I think he's dealt with the whole thing very respectfully. He's been brilliant. I wouldn't have done it any other way. Does Russell Brand still take you to see your beloved West Ham, or does he give the tickets to Katy Perry nowadays? I've been to the football with Russell, but it's not like he takes me - we just happen to meet there. We were talking about getting a box but I think he'll be spending a lot more time in America now, so I don't know if it'll happen. Do you own a pair of West Ham underpants to rival Katy's? I do, but I couldn't possibly show them to you, the state they're in now. They've been soiled! Ha-ha! ■

A League Of Their Own is on Thursdays at 9pm on Sky1/HD



#### **Manchester United**

The frequently crocked centreback's finest injury happened when he was watching TV. Yes, he pulled a muscle after resting his leg on a coffee table for too long. We can't believe that's never happened to us!



The greatest injury clown ever, Wright once fell from his loft while putting luggage away. Even more impressive, he once collided with a "football not to be played here" sign and did his ankle. Legendary.

## Weird football

Because a stubbed toe just doesn't cut it!



#### **JASON KOUMAS**

#### Wigan Athletic

While he was plying his trade at West Brom, the midfielder was struck down by an eye infection after wiping fertiliser from the pitch in his eye. Hmm, sounds like a load of sh\*t to us.

#### **DARIUS VASSELL**

#### Ankaragücü

The former Aston Villa striker picked up a toe infection after trying to burst a blood blister with an electric power drill. Yes, Darius Vassell tried to pop a blister with a drill. We don't need to say anything more.

#### **SASCHA BENDER**

#### Stuttgart

The hilariously named Stuttgart player suffered a nasty facial injury on account of being punched by his team-mate, Christian Okpala. The reason? Bender's incessant guffing. But surely that's a good thing?





## BRITAIN'S 100 BOOBIEST BABES!































i Wayne! One trophy's in the bag with the Carling Cup, but how do you feel about doing the treble? [laughs] That'd be great! Things are going well at the minute and there's a real buzz about the dressing room. Winning one trophy already is good for confidence but as everyone knows, a club like Man United won't sit back. The focus is on the next game and the next trophy. Hopefully we can achieve a lot more.

United seem to be on a mission to make up for losing last season's Champions League final to Barcelona. Man United are the biggest club in the world, so there's an expectation for us to perform well in

Europe. All the players feel that. Obviously, last season was painful - Barcelona beat us and that's difficult to take - but we know how good it feels to win the Champions League, too. That's definitely a good motivator to do it all over again. Would you say you're in the form of your life? I'm a better player now, yeah. I think I've improved in a lot of areas. Which ones? I'm certainly better in the air. I've spent a lot of time in training working on my heading and it's paid off. I just seem to get on the end of crosses a bit better. To be fair, a lot of credit has to go to the quality from wide positions, which has probably been better than in previous seasons.

What motivates Wayne Rooney? Just playing football. I love playing. Being part of a group of people all going for the same thing – winning every game and winning trophies is what it's all about.

What about your goal tally? You seem like a man on a mission to make up for all the goals Cristiano Ronaldo scored last season. I just do my best. I can't worry about what Cristiano did or anything like that. I can only worry about my own performances and how they affect the team. At the end of the day, scoring goals is what I'm paid for and it's been great to contribute a lot more this season. I've managed to get myself into better positions and

my finishing has been decent. That comes with confidence every time I go onto the pitch now, I think I'm going to score. Thanks for the chat, Wayne! Finally, with all the headlines about footballers, do you feel pressure to keep a squeaky clean image, especially in a World Cup year? With all the attention surrounding football, you have to be careful. What you say or do can be twisted, but footballers are role models and although it's hard, you know what you do will be in the papers. On the field is the most important thing and I take my responsibilities seriously there. I've made mistakes which I've learned from, and I'm now more aware of what can go wrong.



#### **Nuts SPORT**

#### Ronaldinho: 'Serie A is better than the Premier League!'



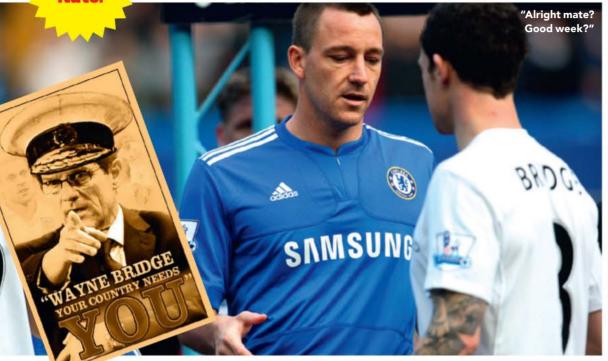
i Ron! Can you still win this tie? We believe it's possible. It'll be tough but I don't think there's much between the two teams. In fact, we're stronger in some areas. If we play the football we can, United will have a hard time! **Recent Champions League** campaigns suggest the Premier League is stronger than Serie A. Do you agree? I respect the Premier League but I think Serie A still has the technical edge. What'll be key to getting a result? They'll have the crowd on their side but if we score first, they might get nervous. We have talent throughout the team and everyone works hard for each other. We can win in Manchester. And you've also got some bloke called Beckham... Beckham's a great player and a great man. We'll need both his quality and attitude against Manchester. When you left Barcelona, people wrote you off. What's the secret behind your return to form? People who spoke about me didn't know the situation. All I can say is I'm happy at Milan. I've found a coach [Leonardo] who I respect and respond to. He trusts me also – this is important for a player. I'm enjoying myself and this is showing in my form.

#### **Man United vs Milan**

Wed 10 March, 7.45pm, ITV1

ONLY IN Nuts!

He's footy's funniest pundit - and he's only in Nuts!



## England needs you back, Wayne!

ayne Bridge has been through a lot recently, and I think he's shown dignity throughout the whole John Terry affair, but he has to reconsider his decision to drop out of England's World Cup squad.

The fact of the matter is that Wayne will regret choosing not to take part – especially as this time round, he could well have been playing in every game after

## "Bridge will regret not going to South Africa!"

the injury to Ashley Cole, and wouldn't simply be sitting on the subs bench. He has a chance of being part of something special in South Africa, and while I completely understand him saying he wants to show respect to his son by dropping out, I can see a situation where his son asks him one day why he never played in a World Cup.

I think there are a few more cards to be played in this sorry story, but one of the important things that should happen for me is Fabio Capello sitting Bridge and Terry down and making the latter apologise – something Bridge wants and badly needs.

The left-back's had a huge amount of support from the female population, but England fans haven't been so quick to get behind Wayne. That's down to the fact that we're now looking very short in defence and it could de-rail our campaign.

So, on behalf of *Nuts* readers and England fans everywhere, I have one thing to say to Wayne – please change your mind, Bridgey. Your country needs you!

## Red Knights to the rescue

It's about time the Glazer family packed up and shipped out of Old Trafford. Over the past few years of owning Man United, they've just plunged the club more into debt while paying themselves a handsome wage. Now a consortium called the Red Knights is looking to pay the Glazers a crazy amount of money to take over, and I hope the Yanks bite their hands off and head back to the US. They'll have made a huge profit from doing nothing but damaging the club and ignoring loyal supporters, but at least they won't be around to keep making money from fans.





IOTOS: GETTY, BACKPAGE IMAGES, PA PHOTO

13 MAR, 12.45PM, SKY SP 1

"Spurs are my tip for fourth and they seem to get better and better. They'll beat Big

Sam's side comfortably here."

KAMMY SAYS: 2-0



**Unsung heroes** Fulham continue to do an amazing job, and now face Juventus in the Europa League last 16. What a job Roy Hodgson has done!



## **UNBELIEVABLY**



#### POOR AARON!

My thoughts go out to Aaron Ramsey after the horrific injury he picked up in the Stoke game. He's a wonderful player and I hope he's back in action very soon.

## ASK KAMM

Dear Kammy, As a Crystal Palace fan, I'm not sure what kind of a job former Portsmouth boss Paul Hart will do at Selhurst Park. What do you reckon? Mark, London

Harty's a top man and a good mate of mine, so I hope he gets a fair crack of the whip this

> time, unlike at Pompey. Palace have a decent side, so I think he'll keep them up.

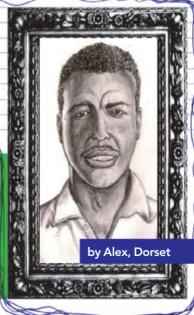


## DRAW

here from Alex Brown, who's made me look both young and handsome! Nice work – a Nuts T-shirt is on its way to you, mate!

#### Kammy needs you!

To win a signed Nuts T-shirt, send your funny stuff to kammy@ pcmedia.com! And upload your best 11-a-side goals to youtube com/thefa for the FA Grassroots Goal of the Month competition, where you can win fantastic prizes!



## **CHRIS' CRYSTAL BALL! Chris predicts** the week's big games! 1 MAN UNITED VS AC MILAN 10 MAR, 7,45PM, ITV1 "I can't see Milan going to Old Trafford and winning. Rooney will make the difference and United will march on." KAMMY SAYS: 2-0 2 SPURS VS BLACKBURN

## An absolutely tremendous effort

**3 HULL VS ARSENAL** 14 MAR, 5.30PM, ESPN

matter what the opposition do, and Hull aren't strong enough to compete with them."



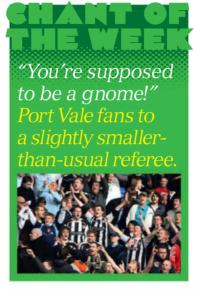
## **NUTS ABOUT SPORT!**

Funny goings-on in the wonderful world of sport!

Send pics, chants etc to tim\_bradley@ipcmedia.com













# WORDS: PETE CASHMORE PHOTOS: BACKPAGE IMAGES, GETTY, OFFSIDE, PA PHOTOS, ACTION IMAGES, NOBLE/DRAPI

#### MAN-LYVE CORNER!







## OUOTE ME ON THAT!

Sporty types talking a load of toilet

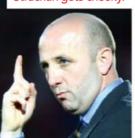
**ONLY IN** 

"The top five teams all won today, including **Man City and** Liverpool, who drew"

thinks a draw is as good as a win.

"I'm a nice auv but on the pitch, I could act like a backside"

Boro boss Gordon Strachan gets cheeky.







"If I make a mistake, the bank manager will be at my door with a meat cleaver"

Crystal Palace's Matty Lawrence on his not-sofriendly bank manager.



"Rooney's now playing as a pair on his own up front'
Former Man United striker Dion Dublin reckons current Old Trafford hero Wazza is worth two players.

"Give Arshavin one chance and he'll score. Although he missed that last chance"



He'd gone six seconds "If you've without swearing been to Disney, you'll know that it doesn't compare to this"
We're presuming Ipswich gaffer Roy Keane is likening the emotions of football to a rollercoaster, rather than suggesting he's in charge of a Mickey Mouse club.

"Fulham are missing their best striker, **Andy Johnson.** Although I think Bobby Zamora is their best striker"

Sky Sports pundit Paul Merson can't decide.

"England have won the match. Start the tuk-tuk!"

Sky Sports' David Lloyd gets carried away in Bangladesh.

"We're not living in Cloud Cuckoo Land. We live in Let's Get Some Points Land"



"If you pull a main striker out of a player,

it'll hurt" Leeds boss Simo Grayson on his tight-knit squad

"I'm delighted Sam Allardyce has come on the sofa"

'OO-ER SOUNDS A BIT RUDE' CORNER!

Goals On Sunday's Chris Kamara gets the Vanish out.

"Harry Redknapp isn't one to stay rigid"

isn't impressed









#### ALL NEW STORIES!

## Striker



IdMags.net & www.Journal-Plaza.net

## Nuts REAL GIRLS

BEDROCKI BABEL "It doesn't take money to impress me, just wit. Someone who can make me laugh definitely impresses me." Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.

www.WorldMags.net



## Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

#### Deal or No Deal top tips!

eal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to gamble 20p a turn, you could win a progressive jackpot – in fact, one recent winner walked off with £1.4m!

And best of all? You can win big money in the comfort of your own home!

#### **HOW TO PLAY**

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

#### THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

#### DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

#### He won big!

Chris B won £456,168 on Deal or No Deal!\*\*

"It's brilliant! I might move somewhere hot and buy a house. It hasn't sunk in yet!"



GET UP TO £100 FREE PLAY\* ON DEAL OR NO DEAL!
SIGN UP TODAY AND ENTER PROMO CODE NUTSA10
WWW.NILLTSCANNES.COLLK

V GAMES INSTANT WIN SCRATCH CARDS BINGO CASINO GAMES

\*£10-£100 FREE PLAY FOR NEW PLAY FOR CASH MEMBERS. MINIMUM £10 DEPOSIT REQUIRED – EG DEPOSIT £30 AND WE'LL GIVE YOU £30 FREE PLAY. SUBJECT TO TERMS AND CONDITIONS OF THE OPERATOR, AVAILABLE AT WWW.NUTSGAMES.CO.UK. FOR 24-HOUR HELP AND SUPPORT, FREEPHONE ROOM \$25 ROOT ONLY PLEASE PLAY PESPONSIBLY WWW. GAMBI FAWARP CO.UK. CO ISSING DATE-25 MARCH 2010

gambleaware.co.uk



## BEDROOM BABES!

Vote for your favourite - and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls



**Nuts MOBILE** 

## Ten sexy pics & vids for only £4.50 a month!

Join the Nuts girls club for £4.50 a month





- 1 Choose your download and text the KEYWORD to 88888
- **2** Download the first of your ten products
- 3 Click the link to *Nuts* girls mobile portal for more products

\*This is a subscription service that will cost you £4.50 per month until you send STOP to 88888. You can get ten Nuts girls videos or wallpapers each month. A link will be sent to the Nuts girls mobile portal with your initial order. 16+ only. Bill payer's permission and compatible handset required. Standard network and data charges apply. 0870 850 8160 (national rate). For full terms and conditions, see www.nuts.co.uk/fmdterms www.WorldMags.net & www.Journal-Plaza.net

PPA CONSUMER MEDIA BRAND OF THE YEAR 2009

4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 OSU Tel: 020 3148 5000 Fax: 020 3148 8107 Email us at: nutsmagazine@ipcmedia.com Website: www.nuts.co.uk

**Editor** Dominic Smith

Deputy Editor Nick Soldinger 020 3148 6941 PA/Office Manager 020 3148 6948

**Editor-At-Large** Pete Cashmore 020 3148 6940

**Associate Editor - Features** 

Mark Spence 020 3148 6952

**Art Director** Simon Freeborough 020 3148 6934 **Senior Designer** 

James Jarman 020 3148 6931 **Picture Editor** 

**Senior Picture Researcher** Andy Seal 020 3148 6927

**Online Editor** Keith Walker 020 3148 6855

**Production Editor** Marc Gadian 020 3148 6915

**Sub Editor** Mark Coughlan 020 3148 6923 **Associate Editor - Entertainment** Sam Riley 020 3148 6921

Danielle Graph 020 3148 6944

**Associate Art Editor** Barney Hammond 020 3148 6933 **Designer** Nitish Mandalia 020 3148 6930

**Deputy Picture Editor** John Gooch 020 3148 6937 Daffydd Bynon 020 3148 6928 **Picture Researcher** 

Colin Williams 020 3148 6938 **Deputy Online Editor** Craig Bloomfield 020 3148 6800

**Chief Sub Editor** David Kenning 020 3148 6916

Sub Editor - TV Listings Mike Hall 020 3148 6946 **Associate Editor - News** Rory Buckeridge 020 3148 6917

**Deputy News Editor** Adam Ralph 020 3148 6950

**Deputy Art Editor** lain Fryer 020 3148 6935 Fashion Editor

Steven Buchan 020 3148 6798

**Financial Administrator** Dan Brightmore 020 3148 6947 **Executive Producer - Video** 

**Online Picture Editor** Adrian Callaghan 020 3148 6851

**Sub Editor** Paul Dimery 020 3148 6922

Thanks to: Tim Bradley (Acting Sports Editor); Rich Jenkins, Rich Pelley, Nick Trott, Graham Wray, Steve Cochrane, Frank Tennyson, Anthony Teasdale, Hans Seeberg (words); Ellis O'Brien (photography); Jon Buckley (marketing); Tony Bullman (repro); Sean Simara (work experience)

For work experience enquiries, please contact dan\_brightmore@ipcmedia.com

**Group Advertising Director** Andy Goldsmith 020 3148 6700

**Group Advertising Director's PA** Tribha Shukla 020 3148 6733

**D**igital Business Director Andrew Sanders 020 3148 6716 **Head Of Agency Sales** Rob Freeman 020 3148 6708

**Advertising Manager** Chris Dicker 020 3148 6709

**Head Of Insight** Lynne Springett 020 3148 7634

Commercial Dev Manager Neil McSteen 020 3148 6707

**Regional Business Development** Oliver Scull 0161 872 2152

**Insight Manager** Verity Amos 020 3148 6732

Agency Sales Team Jade Bousfield 020 3148 6706, Victoria Bell 020 3148 6703, Fran Glover 020 3148 6704

**Sponsorship & Brand Solutions** Director

Peter Edwards 020 3148 6723 **Sponsorship & Brand Solutions** 

**Group Head** Anna Vercoe 020 3148 6725 **Sponsorship & Brand Solutions** . Managers

Jonathan Boakes, Chris Dehaney, Rob Hunt 020 3148 6722/6724/6721

**Sponsorship & Brand Solutions Project Manager** 

Shanna Barker 020 3148 6726

**Advertisement Production** Laurie King 020 3148 6729

**Classified Ad Sales Director** Sharon Kirby 020 3148 2601

Inserts - IPC Innovator John Firth 020 3148 3704

Group Production Manager Becky Goode 020 3148 5429

#### MARKETIN

Head of PR Nicola Woods 020 3148 6779 **Syndication Manager** Desney Ryan 020 3148 5478 **Marketing Manager** Mei-Ling Rider 020 3148 6777

Chief Executive Evelyn Webster **Managing Director** Paul Williams

**Publishing Director** Jo Smalley

**Publisher** Clair Porteous

© 2010 IPC Media Ltd No part of this magazine may be reproduced, stored in a retrieval IPC INSPIRE system or transmitted in any form without prior permissions. Nuts may not be system or transmitted in any form without prior permissions. Nuts may not be system or transmitted in any form without prior permissions. Nuts may not be system or transmitted in any form without prior permissions. Nuts may not be system or transmitted in any form without prior permissions. Nuts may not be system or transmitted in any form without prior permissions. Nuts may not be system or transmitted in any form without prior permissions. Nuts may not be system or transmitted in any form without prior permissions.

A TimeWarner company. Repro by Wyndeham Prepress. Printed by Polestar. Distributed by Marketforce.

SUBSCRIPTION RATES One year (51 issues) including P&P-PRIORITY (Air Mail) UK £86.70; Europe £145; USA \$243; Rest of World £148. Subscription enquiries +44 (0)845 67 7778 (Mon-Fri 8am-9pm UK time), Fax +44 (0)1444 445599, ipcsubs@quadrantsubs.com or NUTS subscriptions, PO Box 272, Haywards Heath, West Sussex, RH16 3FS, England

Terms and conditions 1. Competitions are open to UK/Channel Island residents, except employees of IPC Media Ltd and their families or any companies or third parties connected with the competition. 2. There is no cash alternative to the prize 3. No responsibility will be accepted for any postal or phone network problems experienced. 4. Winners will be notified by post/phone after the closing date. 5. The editor's decision is final. 6. Entry implies acceptance of these rules. 7. While every effort will be made to supply the prize as specified, prizes provided by third parties cannot be guaranteed. 8. No purchase is necessary. 9. Entrants ere to take part in future publicity. 10. Standard network charges apply, Mobile terms: Standard network charges apply, Your handset must be web-enabled. You'll receive a link to the Nuts Real Girls mobile site. You may incur WAP and data charges from your network operator depending on your operator and contract type. For full terms and conditions, visit www.nutsrealgirls.com/about/terms.html. Customer Care 0117 307 9521. This is not a subscription service.

For all Nuts back issues, call John Denton Services on 01733 385170, fax 01733 239356



### THIS WEEK:

24, Hertfordshire

Where's the strangest place you've had sex? "I'd have to say the craziest place was probably on a beach while I was away on holiday. It was quite quiet though."

What really turns you on? "Men who are big, muscly and very adventurous! I think being turned on is all about who you're with."

Do you like to be dominated in the bedroom or do you prefer to be in control? "A bit of both. Being dominated makes you feel sort of vulnerable - in a good way - but taking control can be really good fun as well."

Apart from your mouth, where's your favourite place to be kissed? "My neck, definitely. I like a man to start off quite slow and move onto something a bit friskier!"

Ever got it on with another girl? "No, the opportunity's never come up. If I was going to get it on with a famous lady, it'd be Carmen Electra or Katie Price they're sexy, powerful women."

What's your role-playing costume of choice? "I've never actually dressed up, although my boyfriend always wants me to dress up as a nurse and 'look after him'."

Have you ever made a sex tape? "No, but we've taken some pictures on my phone. I showed them to my colleague once because I thought all I had on there were pictures of my dog!"

If you could ask a man to perform any sex act for you, what would you want him to do? "I'd like him to dress up in a sexy cop's outfit with a big truncheon! Ha-ha!"



# REAL GIRLS, Nuts! REAL PLACES!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 70. You must be at least 18 years old.

THIS WEEK:

Name: Jen Age: 24

Likes: "A good sense

of humour!"

Boobs: 32E. "They could always be bigger!" Have you ever kissed

a girl? "Yes, for fun!"
Strangest place you've
had sex? "In a car. It's not

as exciting as at the top of a mountain!" Sex tip: "Tie me up!"

# Jen's sexy guide to Solihull. Nuts discovers a Midlands minx

#### Jen on... her home!

"We're in Solihull in the West Midlands. There's not much to do around here, so I normally head into Birmingham if I want a big night out. If not, I'll stay in with a DVD and ice cream!"

#### Jen on... getting ready!

"It doesn't take me long to get ready because I'm normally already out! A couple of bottles of wine with the girls at lunch and then I'll just go out in what I happen to be wearing!"

**HELLO!** 

#### Jen on... keeping fit!

"I'd like to be good at cooking but I don't know how. I like keeping fit though. I go to the gym every day, unless I've got a hangover and I can't face it! I like running, too."

#### Jen on... late nights!

"I'm nocturnal. I go to bed late and get up late, usually because I don't have much to do in the day. Ha-ha! I like to hog the bed, though, so there's not much room for guests."



HOTOS FILIS O'RRIE





Call 0844 842 9698 or visit www.playboytv.co.uk/offer and start watching today!





'We did it in someone's garden'

**CONFESSION OF THE WEEK!** 

My boyfriend and I were taking a shortcut home through the woods one day and were both in the mood for some naughty action. After a bit of dirty talk, he pushed me against a tree and we started touching each other. I noticed a big house right by us and realised we were actually in someone's garden! But I didn't care -I felt my man's hands creep into my pants and I was far too horny to stop him. We ended up having sex there and then, and even took some naughty photos on my phone to show our friends!

Lauren, Aberystwyth

#### 'We did it while I chatted to sis'

I hadn't seen my boyfriend for two weeks, so when he came to my house, we quickly had each other's clothes off. But as we lay semi-naked and kissing on the sofa, my sister called me in tears

about her divorce. Sighing with frustration, I took my phone into the kitchen. As I leant across the kitchen bar, deep in conversation with my sister, I suddenly felt a sensual kiss on the back of my neck. My boyfriend's fingers then pushed my thong to one side and began slowly probing inside me.

He then replaced his fingers with something else, slowly entering me from behind! I lifted my right leg onto the worktop to make it easier for him to go deeper inside me and we slowly rocked back and forth, my sister oblivious to what was happening at the other end of the phone! As soon as the call finished, we properly went for it. The slow build-up had worked us into a frenzy and we went at it hammer and tongs. I came in a matter of seconds!

Donna, Essex

#### 'I gave his balls a little lick'

My sister threw a big party one Saturday night and an old uni friend of hers turned up. He was a few years older but he was really fit, and I could tell from his glances that he thought the same about me. When someone pointed out that we'd run out of beer, he volunteered to go to the shops and I offered to show him the way. We jumped in his car and you could feel the sexual tension between us. Without saying anything, he leaned in and kissed my neck, sending shivers down my body. I traced my fingers along his thigh to his lap, where I found his erection waiting for me. I bent down and took it all in my mouth, playing with his balls at the same time. He gasped and pulled my hair around my neck so he could get a better view. I gave his balls a little lick and this drove him even wilder. He soon came and we quickly adjusted our

clothes. One moment later and we would have been caught, as one of my friends came out of the house and asked why we hadn't left vet. We muttered something about not being able to find the car keys and drove off laughing!

**Nuts REAL GIRLS** 

Stacey, Brentwood

#### 'I gave my fella a sexy apology

I'd been dating this guy for a few weeks when he took me to a posh hotel. I was nervous as it was our first night away together, so I had a few drinks in the bar beforehand to calm myself down. But the drink went straight to my head and I ended up making a complete fool of myself. By the time we went up to bed, I was just ready to crash out. The next morning, I wanted to show him how sorry I was, so I called down to reception to extend our checkout time until 2pm to give me a chance to make it up to him. I then ordered him to just lie back on the bed and do nothing while I kissed and licked him all over his body, finishing with a slow, lingering blow job, which drove him totally wild. Then I climbed on top of him and rode him to an explosive orgasm. I think he forgave me!

Jessie, Manchester

#### Win £50!



TERMS AND CONDITIONS ON PAGE 70 APPLY





15% OFF Go to nuts. co.uk/fashion, enter TREFOIL as the "offer code" at checkout and get 15 per cent off!

Adidas Originals tee
Classic design in a variety of colours.
nuts.co.uk/fashion (product no 16513)



Asos tee
Stone Roses fans will be mad for this lan Brown tee. www.asos.com



Ben Sherman coat
A classic bit of kit to keep the rain
at bay. 02838 324 121





Cone of a new range designed by DJ Erick Morillo. 0800 043 7924

Ralph Lauren polo
Don't wait till summer – get this now!
nuts.co.uk/fashion (product no 16416)

### SAVE LOADS ON CLOTHES AT NUTS.CO.UK/FASHION

www.WorldMags.net & www.Journal-Plaza.net

#### Braun Series 7 720 shaver 200

When it comes to super-close, smooth shaves, the Braun Series 7 720 is the daddy.

Available at Amazon, plus Boots and Argos nationwide



### Burberry Sport eau de toilette

Fresh and fruity with elements of grapefruit, ginger and juniper berries, this stuff will be a winner with the ladies!

www.selfridges.com

Frui



### Garnier Anti-Dark Circles roll-on

Perfect for covering any tracks from your heavy session the night before.

Available at Boots nationwide

Eye rescue!

# Dove Men +Care Body And Face Wash/ Deodorant From \$3

Cheap new range designed just for blokes. 0800 085 1548

Good value!

### The Shave Doctor travel set

Perfect for the gym or a holiday, this set – including moisturiser, shave oil and face wash – comes in a handy wash bag. www.shave doctor.co.uk



# Nuts REVIEWS







Hack-and-slash zombie adventure with a twist - the zombies are on your side. So take out enemy soldiers and they rise again to help

your cause. Not too bad. ★★★



BORDERLANDS: THE SECRET



This downloadable story pack (with 40 new missions)

sends you back to Pandora to take on assassins and hunt down General Knoxx in sturdy, fun, value-for-money content. \*\*\*



Sinister Detective Hoffman

continues where Jigsaw left off,

setting ever more inventive traps

to slice the skin and remove the

limbs of members of the FBI as

they close in on him. Make sure

you keep a sick bag handy! ★★★

### ROAD WARRIORS IN AFGHANISTAN CERT 15 Gritty documentary



following the brave troops who dodge suicide bombers, snipers and IEDs to deliver supplies in Afghanistan. \*\*\*

#### THE MENTALIST CERT 15



A former psychic medium fraud uses his observational skills to help the American plod solve murder cases in this drama. \*\*\*

#### EASTBOUND AND DOWN CERT 15



Excellent HBO comedy following ex-baseball pitcher Kenny Powers (Danny McBride) on his return to his hometown. \*\*\*

### **MUSIC!**



GORILLAZ PLASTIC BEACH



Damon Albarn assembles a huge cast – De La Soul, Kano, Mos Def, Lou Reed, Gruff from

Super Furry Animals – for a new pop music masterpiece. ★★★

#### VARIOUS ARTISTS MY SONGS



An exhaustive 40-track barrage of songs designed to suit your mood, although we don't

know quite what mood you have to be in to like Paolo Nutini! ★★★

78 Nuts

The twisted

conveyor belt of

blood, guts and

the hit franchise

gore keeps turning

and the sixth film in

doesn't disappoint.





GREEN ZONI

Another decent action flick from Paul "Bourne Identity" Greengrass sees Matt Damon trying to prove WMDs don't exist in Iraq. ★★★



THE GIRL WITH THE DRAGON TATTOO CERT 18

Ace Swedish thriller based on the best-selling book about a mental lesbian computer hacker obsessed with stalking a serial killer. \*\*\*



# TAKE ME OUT GIRLS TAKE 'EM OFF







Seven days of brilliant telly for blokes!



### 

6.00am Breakfast 9.15 Fake Britain
10.00 Homes Under the Hammer (R)
11.00 To Buy or Not to Buy 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00
BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder,
She Wrote (R) 3.00 BBC News, Weather,
Regional News 3.05 CBeebies 3.25 CBBC
5.15 Weakest Link: General knowledge quiz. (R) 6.00 BBC News, Weather 6.30
Regional News Programmes, Weather

### TWO

6.00am CBeebies 7.00 CBBC 8.30
CBeebies 11.00 Schools 12.00noon
Daily Politics 12.30pm Working Lunch
1.00 Nature's Top 40 (R) 1.30 Castle in
the Country (R) 2.00 Living in the Sun (R)
3.00 Diagnosis Murder (R) 3.45 Flog It!
4.30 Pointless 5.15 Escape to the Country
6.00 Eggheads Celebrity Special (R)
6.30 Antiques Road Trip

### itv

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 House Guest in the Sun 3.00 Dickinson's Real Deal 4.00 Country House Cooking Contest 5.00 The Alan Titchmarsh Show: With guest Pauline Ouirke. Aargh! 6.00 Regional News, Weather 6.30 ITV News

#### m 7.00 The One Show

#### 7.30 MasterChef

With John Torode and Gregg Wallace.

#### 8.00 EastEnders

Moans by the market stall.

#### 8.30 Eurovision: Your Country Needs You

Six acts compete to find out who will be humiliated by Albania and Belarus in the summer. Graham Norton presents.

10.00 BBC News, Weather

#### 10.35 Friday Night With Jonathan Ross

MUST-SEE "Wor" Cheryl Cole is one of the guests, along with James Corden. Ace!

#### 11.35 The National Lottery EuroMillions Draw

#### 11.45 Arachnophobia

Horror starring Jeff Daniels as a California doctor battling against an infestation of deadly spiders.

**1.30am** Sign Zone: MasterChef (R) **2.00** Seven Ages of Britain (R) **3.00** Lark Rise to Candleford (R) **4.00** Muslim Driving

School (R) 4.30-6.00am BBC News

#### 7.00 Coast

Tidal patterns along the coast of Wales and the history of Cardiff coal! Woo! (R)

#### 8.00 Mastermind

#### 8.30 Gardeners' World

Digging the dirt - literally!

#### 9.00 Mastercrafts

10.00 The Bubble
With Andy Hamilton, Marcus Brigstock

With Andy Hamilton, Marcus Brigstocke and Julia Hartley-Brewer.

#### 10.30 Newsnight

#### 11.00 The Review Show

#### 11.50 **Heroes**

Claire tries to discover who's responsible for the attacks on Gretchen and Annie. (R)

#### 12.30am Sugarhouse

PREMIERE A yuppie tangles with a crackhead and a psychotic drug dealer when he tries to buy a gun. Fun.

Pleasence. 3.30-4.30am BBC News

2.00 III Don't Want to Be Born: Horror chiller starring Joan Collins and Donald thrillers

#### 7.00 Emmerdale

Edna's dog Tootsie ends up devouring half of West Yorkshire when his tin of Pal is eaten by Amos. Starring Geoffrey Boycott.

#### 7.30 Coronation Street

Unremitting Mancunian misery.

#### **8.00 Dancing On Ice Friday** Twinkle-toed twaddle.

#### 8.30 Coronation Street

#### 9.00 Michael Winner's Dining Stars

The rubber-lipped restaurant critic has a go at some perfectly decent food in the Midlands, before going back to London.

#### 10.00 ITV News, Weather

#### 10.35 **Death Wish 3**

Vigilante thriller sequel starring Charles Bronson.
Directed by - yikes! - Michael Winner.

#### 12.20am Nightwatch With Steve Scott: Emergency

Documentary following fire crews. (R)

**1.10** Murder by Numbers: *Crime thriller starring Sandra Bullock and Ryan Gosling*. **3.10-5.30am** ITV Nightscreen



BBC1 NORTHERN IRELAND: 10.35pm Great Unanswered Questions 11.05 The National Lottery EuroMillions Draw 11.15 Friday Night with Jonathan Ross 12.15am BBC News 12.35 Sign Zone: Countryfile BBC2 SCOTLAND: 7.00pm SPORT Sport Monthly 7.30 Porridge BBC2 WALES: 6.55pm Mastermind

7.25 LIVE Scrum V: Ireland Under-20s vs Wales Under-20s, kickoff 7.35pm. 9.30 SPORT Sport Wales STV: 8.00pm It Pays to
Complain: Tonight 9.00 Amanda Holden's Fantasy Lives 10.35
SPORT STV Sports Centre 11.05 Nightwatch with Steve Scott:
Crime 12.00m't Roulette Nation 1.05am LIVE Carlito's Way:

#### **TODAY'S SPORT**

#### sky SPORTS 1

**6.00am** LIVE Cricket: The opening day of the first Test between Bangladesh and England in Chittagong.

- 11.30 Premier League World 12.00noon Golf (HD)
- 4.00pm Premier League World
- 4.30 Cricket
- **6.00** Football League Weekend **7.00** Premier League Preview
- 7.30 TWE Rugby League: Super League peanut hugging between Hull KR and
- Wakefield, kick-off 8pm. (HD)

  10.00 Live Boxing: Paul Smith vs Tony
  Podson at the Liverpool Echo Arena (HI
- Dodson at the Liverpool Echo Arena. (HD)
  12.00m't Premier League Preview:
- A look ahead to Hull City vs Arsenal. 12.30am Rugby League (HD)
- **2.00** Boxing (HD) **4.00** Premier League Preview
- 4.30 Football League Weekend
- 5.30-6.00am Premier League Preview

#### sky SPORTS 2

#### **6.00am** Good Morning Sports Fans **9.00** Golf

- **11.30** Darts: The fifth round from the MEN Arena in Manchester. (HD)
- 3.00pm WWE: Raw (HD) 5.00 NFL: Total Access
- 5.00 NFL: Iotal Access6.00 Tight Lines: Weekly fishing show.
- 7.00 LIVE Golf: The second day's play of the CA Championship at the Doral Golf Resort and Spa in Miami. (HD)
- **11.00** Golf: Action from the opening day of the Thailand Senior Masters.
- **12.00m't** Golf: Action from the second day of the Women's Australian Open.
- **2.30am** Premier League Preview: *A look ahead to the weekend's fixtures, including Chelsea vs the Hammers.*

### 3.00 World Sport 3.25-6.00am Live Cricket: The second day of the first Test between Bangladesh and England in Chittagong.

#### **ON DIGITAL, SATEI**

#### FILM4 (315)

7.05pm The Perfect Score: Teen comedy drama starring Scarlett Johansson. 8.50 Green Zone Special 9.00 Cellular: Thriller starring Kim Basinger. 10.50 Hostage: Action thriller starring Bruce Willis. 1.00-3.30am Night Watch: Russian horror.

#### COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs: 9.00 South Park 10.30 Dirty Sexy Funny: Olivia Lee: *Hidden camera show.* 11.00 Grouchy Young Men 11.30 Lee Evans: The Ultimate Experience 1.15am The Office: An American Workplace 1.50



7.00pm ESPN Kicks 7.15 Total Italian Football 7.45 LIVE

Italian Football 9.45 Top 14 Rugby Union 11.30 Athletics 12.30am UFC Unleashed 1.30 Freestyle World Cup Magazine 2.00 USB Basketball 4.30-5.00am Goal!



6.10am The Hoobs (R) 7.00 Freshly Squeezed 7.25 Everybody Loves Raymond (R) 8.20 Frasier (R) 9.20 Will & Grace (R) 9.45 Deal or No Deal (R) 10.30 Coach Trip (R) 11.05 Wife Swap USA 12.00noon Channel 4 News Summary 12.05pm In Your Dreams (R) 12.15 Location, Location (R) 1.15 FILM Murder She Said: Comedy thriller. 2.55 Glamour Puds 3.25 Countdown 4.10 Deal or No Deal 5.00 Coach Trip 5.30 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshakel 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor(R) 12.15pm House Doctor(R) 12 40 Five News 12 45 Extraordinary Animals (R) 1.15 Wild Animal ER (R) 1.45 Neighbours 2.15 Home and Away 2.50 The Family Recipe (R) 2.55 I Own Britain's Best Home: Flying Visit (R) 3.10 FILM A Stranger's Heart: Drama 5.00 Five News 5.30 Neighbours (R) 6.00 Home and Away (R) 6.30 Home and Away (R)

6.00am Sport Good Morning Sports Fans 7.00 The Simpsons (R) 7.30 The Simpsons (R) 8 00 Brainiac: Science Abuse (R)(HD) 9 00 Lie to Me: Drama starring Tim Roth (R) 10.00 Grimebusters (R)(HD) 10.30 Grimebusters (R)(HD) 11.00 Lion Man (R) 11.30 Airline (R) 12.00noon The Biggest Loser: Australia (R) 1.00pm Lie to Me (R)(HD) 2.00 Angela and Friends (HD) 3.30 Project Runway (R) 4.30 Lion Man (R) 5.00 SPORT WWE Superstars (HD) 6.00 Oops TV (R)

#### 7.00 News

#### 7.30 White Boy, **Black Nanny**

Director Mark Rossiter returns to South Africa to find the nanny who raised him for ten years during apartheid.

#### 8.00 A Place In The Sun: **Home Or Away**

#### 9.00 Embarrassing Bodies

Dr Dawn meets a woman with inverted nipples. We can't decide whether this sounds promising or just plain wrong.

#### 10.00 Chris Moyles' **Quiz Night**

MUST-SEE With Billie Piper and David Haye.

#### 10.50 Bulletproof Monk

A Tibetan monk chooses a young pickpocket to guard a precious religious scroll.

#### 12.50am 4Music: **The Album Chart Show** Introduces - Ellie Goulding

Interview with the singing saucepot.

1.05 4Play: The Plasticines 1.15 FILM Holy Man: Comedy. 3.10 The Dead Zone 3.50 The War at Home 4.15 St Elsewhere (R) 5.00-5.45am Countdown (R)

#### 7.00 Live From Studio Five

The lowest point in the history of TV.

#### 8.00 Highland Emergency

The RAF's Sea King helicopter rescues two climbers stranded 4,000ft up Ben Nevis.

#### 9.00 The Mentalist

MUST-SEE Jane and Lisbon investigate the death of a biker gang's lawyer.

#### 10.00 Law & Order: **Criminal Intent**

Goren and Eames investigate the death of a billionaire radio mogul's eldest son. (R)

#### 11.00 NCIS

The team searche for the informant. (R)

#### 12.00m't SuperCasino

Your chance to spend the next four hours slumped in a drunken haze watching a wheel spin round.

4.00am SPORT Motorsport Mundial

Secrets (R) 5.10 Neighbours (R)

5.35-6.00am Home and Away (R)

4.30 Great Scientists (R) 4.55 County

#### 7.00 The Simpsons

Lisa gets a MyPod, and Homer believes Bart's new friend Bashir is a terrorist. (R)

#### 7.30 The Simpsons

Mr Burns wins a basketball team. (R)

#### 8.00 **Oops TV**

The rubbish home video and out-takes show goes primetime. Why, Sky1? Why?

#### 9.00 **Lost**

Confusing drama.

#### 10.00 A League Of Their Own

Sport-based comedy quiz show, hosted by James Corden. (R)(HD)

#### 11.00 Pineapple **Dance Studios**

Dance-based dross. (R)(HD)

#### 12.00m't Road Wars

A desperate drug dealer bites a policeman's hand in an attempt to escape being searched. Tasty. (R)

1.00am Road Wars 1.50 Ross Kemp 2.40 Don't Forget the Lyrics US 3.30 Brainiac 4.20 Journeyman 5.10-6.00am Are You Smarter Than a 10 Year Old?

Crime thriller starring Al Pacino, Sean Penn and Penelope Ann Miller. 3.25-5.30am ITV Nightscreen ULSTER: 10.35pm Piers Morgan On 11.35 Brain Box 1.35am FILM A Good Man in Africa: Black comedy drama starring Colin Friels. S4C: As C4 except: 7.00pm Wedi 7 7.30 Newyddion a'r Tywydd 8.00 Pobol y Cwm

8.25 Cyngerdd Rhuban Glas Y Cardis 9.30 Jonathan 10.35 Penawdau Newyddion a'r Tywydd 10.40 FLM 30 Days of Night: Horror starring Josh Hartnett. 12.45am Chris Moyles' Quiz Night 1.35 FLM Dawn of the Dead: Remake of the 1978 George A Romero horror movie. 3.20-5.15am This Week's 4Music Top 20

#### AND CABLE TV TONIGHT

South Park 2.20 Two and a Half Men 3.20 Scrubs 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

#### **BBC3 (115)**

7.00pm Top Gear 8.00 World's Toughest Driving Tests: With Will Mellor. 9.00 Stag Weekends: The Dirty Secrets 10.00 EastEnders 10.30 Snog, Marry, Avoid? 11.00 Hotter Than My Daughter 11.30 Family Guy 12.15am Two Pints of Lager and a Packet of Crisps 1.15 The Gemma Factor 1.45 Undercover Princesses 2.45 Summer Heights High 3.40 Snog, Marry, Avoid? 4.10 Undercover Princesses 5.10-5.25am Greek Uncovered

#### F4 (136)

7.00pm Hollyoaks 7.30 How I Met Your Mother 8.00 Friends: Double-bill. 9.00 How to Look Good Naked 10.05 Wife Swap 11.10 Alan Carr: Chatty Man: With Frankie Boyle, and Jane Torvill and

Christopher Dean. 12.00m't How I Met Your Mother 12.30am Scrubs 1.30 How to Look Good Naked 2.25 Wife Swap 3.25 Alan Carr: Chatty Man 4.05 Ugly Betty 4.50-5.30am Switched

#### **DAVE (111)**

7.00pm Fifth Gear 8.00 Top Gear 9.00 Never Mind the Buzzcocks: With Dermot O'Leary. 9.40 QI: With Jeremy Clarkson and Neil Mullarkey. 10.20 Live at the Apollo 11.20 Argumental: With Sean Lock and Dom Joly. 12.00m't Never Mind the Buzzcocks: With guest captain Dermot O'Leary. 12.40am QI 1.20 Dead Ringers 2.00 Man Stroke Woman 2.40-3.00am SPORT Radical Highs

#### MTV ONE (350)

7.00pm Justin Bieber's Teen Stars 9.00 Teen Cribs: Loads of episodes of the show. 1.00am World Stage 2.00 South Park 4.30-6.00am My Super Sweet 16

#### **VIRGIN 1 (121)** 7.00pm Star Trek: Voyager 8.00 Who

Wants to Be a Millionaire? Celebrity: Quiz show. 9.00 Medium 10.00 Terminator: The Sarah Connor Chronicles 11.00 Deadliest Warrior 12.00m't Roulette Nation 3.00am How Clean is Your Crime Scene? 4.00-5.00am Ninja Warrior

#### SCI-FI (129)

5.00pm Buffy the Vampire Slayer 8.00 Sanctuary 9.00 Malibu Shark Attack: Disaster movie. 10.40 FILM An American Werewolf in London: Cult horror starring David Naughton. 12.40am Legend of the Seeker 1.40 Buffy the Vampire Slayer 3.00 Flash Gordon 4.00-6.00am Wildfires: Disaster movie.

#### FX (164)

7.00pm NCIS: Three episodes. 10.00 True Blood 11.10 Life 12.10am NCIS 2.10 Nip/Tuck 3.10-4.10am Underbelly



#### The Mentalist Five, 9pm

DRAMA Police consultant Patrick Jane lends his observation expertise to the

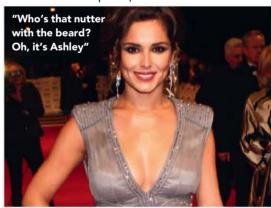
hapless cops again, tonight helping them solve the murder of a biker gang's lawyer. Well done, Patrick - you still have a girly surname, though! ★★★



### **Chris Moyles' Quiz Night**

This week, Chris is joined by David Haye, This week, Chris is joined 2, 2.2

Dale Winton and Secret Diary Of A Call Girl's Billie Piper, who we assume won't be getting her kit off in the topical quiz show. Damn!  $\star\star\star$ 



#### **Friday Night With** Jonathan Ross BBC1, 10.35pm

Listen for the sound of men everywhere shouting, "Ashley, are you mad?" – Cheryl, erm, Tweedy's one of the guests! ★★★★

Nuts 81

6.00am Breakfast 9.00 Saturday Kitchen 10.10 WE Formula 1: The Bahrain Grand Prix - Qualifying: The battle for pole position in Sakhir. 12.30pm BBC News, Regional News, Weather 12.45 SPORT Football Focus 1.30 A Question of Sport 2.00 LIVE Six Nations Rugby Union: Ireland vs Wales from Croke Park, kick-off 2.30pm. **4.25** BBC News, Regional News, Weather 4.35 MUST-SEE Six Nations Rugby Union: Scotland vs England, kick-off 5pm.

6.00am CBeebies 7.00 CBBC 12.00noon BBC Switch: Greek 12.45pm Single. Together, Whatever 1.15 The 5:19 Show 1.35 The Cut (R) 2.00 Revealed 2.15 The Sky at Night (R) 2.55 Suspicion: Classic Hitchcock suspense thriller starring
Cary Grant. **4.30** SPORT Final Score **5.20** First Knight: Romantic drama.

5.30am ITV News 6.00 GMTV 9.25 CITV 10.00 The Crocodile Hunter Diaries (R) 10.30 Lion Country (R) 11.00 Dickinson's Real Deal (R) 12.00noon News, Weather 12.10 Michael Winner's Dining Stars (R) 1.10 Murder She Wrote: The Last Free Man: Mystery drama. 2.50 Midsomer Murders (R) 4.50 FILM Mr Bean's Holiday: Comedy starring Rowan Atkinson and Emma de Caunes 6.30 Regional News, Weather 6.40 ITV News

6.10am The Hoobs (R) 6.35 Yo Gabba Gabba (R) 7.00 SPORT World Sport 7.30 SPORT Road to the 2010 FIFA World Cup 8.00 SPORT The Morning Line: Preview of the day's races. 8.55 T4: Friends (R) 9.55 Glee (R) 10.50 Diversity's Dance Masterclass: Top 20 11.55 Ultimate Traveller (R) 1.00pm Smallville 1.55 Channel 4 Racing from Sandown Park and Wolverhampton: Horse-hurrying antics. 3.55 Three Hungry Boys 4.25 Come Dine with Me Extra Portions (R) 6.30 News

6.00am Sunrise 7.00 Milkshake! 10.00 SPORT UEFA Europa League Football 11.00 The Gadget Show (R) 12.00noon Megastructures: 747 Demolition (R) 1.05pm Chinese Food in Minutes (R) 1.35 TIM The King and I: Animated remake of the Rodgers and Hammerstein musical. **3.10** FILM Man of the House: Children's comedy starring Chevy Chase and Farrah Fawcett. **5.15** Five News 5.20 FILM Battle of the Bulge: Drama starring Henry Fonda and Robert Shaw.

#### 7.00 Let's Dance **For Sport Relief** Actually, let's not.

8.15 The National Lottery: **Who Dares Wins** 

9.05 Casualty Medical misery.

9.55 BBC News, Weather

#### 10.15 Match Of The Day

SPORT Today's top-flight ball kicking, including Hull City's match against Arsenal at the KC.

#### 11.35 The Football **League Show**

SPORT Lower-league ball thumping now, including the north-east derby between Middlesbrough and Newcastle.

#### 12.50am Friday Night With Jonathan Ross

With Cheryl Cole. (R)

1.55 NEW Sign Zone: Dinner with Portillo 2.25 Alesha Dixon: Who's Your Daddy?

#### 7.30 Dad's Army

#### 8.00 Requiem For Detroit

Julien Temple charts the fortunes of the city of Detroit. Which have been mostly bad, by the sounds of it.

#### 9.15 QI XL

David Mitchell, Rob Brydon, Dara O' Briain and Alan Davies join host Stephen Fry for another round of head-scratching.

#### 10.00 Heroes

Matt continues his battle to resist Sylar's mental domination

#### 10.40 Motor City's Burning: **Detroit From Motown To The Stooges**

A look at the city's influence on music in the '60s, from the success of Motown to the garage rock scene. Cool. (R)

#### 11.40 Gridlock'd

FILM Two heroin-addicted musicians resolve to kick their habits after a friend overdoses.

#### 7.00 New You've **Been Framed!**

Harry Hill narrates videos of clumsy idiots falling off logs/ladders/high buildings.

#### 7.30 Harry Hill's TV Burp

Essential Saturday night nuttiness.

#### 8.00 Ant & Dec's **Push The Button**

#### 9.00 Piers Morgan's **Life Stories**

Coronation Street actress and singer Kym Marsh talks about her career highs and lows, hopefully in a low-cut dress.

#### 10.00 **Troy**

FILM So-so historical epic starring Brad Pitt and Eric Bana.

11.30 ITV News, Weather

#### 11.45 **Troy**

FILM Let's face it, you'll have probably given up by now

#### 7.00 Stardust

FILM Fairytale comedy adventure with Michelle Pfeiffer. Avoid.

#### 9.25 In Her Shoes

FILM Bittersweet comedy drama starring Cameron Diaz and Shirley MacLaine. OK, time for drastic action - hide the remote from the missus!

#### 11.55 Alan Carr: **Chatty Man**

The host is joined by World's Funniest Man, comedian Frankie Boyle. (R)

12.45am City Of God

FILM Brilliant Brazilian crime drama following the contraction following the contrasting fortunes of two boys growing up in a violent shanty town.

#### 8.00 NCIS(R)

#### 9.00 CSI: NY

The team respond to an emergency call from a penthouse and arrive to find a mummified corpse in the lounge. Heck!

#### 10.00 Law & Order

A man is killed shortly before he was due to switch off his incapacitated wife's life support. Safe to say it's not the most light-hearted epsiode then.

#### 11.00 CSI: Crime **Scene Investigation**

Warrick investigates a spate of drive-by shootings, but an emotional involvement in the case leads him to pursue an innocent man. See? That's what you get if you do serious stuff in Vegas. Just head to the casino and have some fun! (R)

#### 12.00m't SuperCasino

Not this casino though.

3.25-6.00am BBC News

1.10am Motown: A Culture Show Special (R) 1.55 FILM Man About Dog: Irish comedy. 3.15-3.34am NEW Inside F1: A look ahead to the Bahrain Grand Prix.

1.05am TimeCop: The Berlin Decision: Sci-fi thriller sequel. 2.25 Nightwatch with Steve Scott: Mystery (R) 3.20-5.30am ITV Nightscreen

2.55 The Dead Zone 3.35 St Elsewhere (R) 4.25 Scrapheap Challenge Top Ten (R) 5.15-6.00am Countdown (R)

4.05am House Doctor (R) 5.00 Hana's Helpline (R) 5.10 The Milkshake! Show (R) 5.35 Thomas & Friends (R) 5.45-6.00am Roary the Racing Car (R)

BBC1 SCOTLAND: 10.15pm SPORT Sportscene BBC2 SCOTLAND: 6.30pm Top Gear 10.40 Burnistoun 11.10 Motor City's Burning: Detroit from Motown to the Stooges 12.10am FILM Gridlock'd: Offbeat comedy drama starring Tim Roth. 1.40

Motown: A Culture Show Special 2.25 BBC News BBC2 WALES: 7.30pm Gardeners' World 9.15 Mastercrafts 10.15 QI XL 11.00 Heroes 11.40 Motor City's Burning: Detroit from Motown to the Stooges 12.40am Dad's Army STV: 10.00pm FILM

Jaws 2: Adventure thriller sequel starring Roy Scheider. 12.20am Roulette Nation 1.00 Ladette to Lady 1.55 FILM Balto III: Wings of Change: Animated adventure sequel featuring the voices of Maurice LaMarche. **ULSTER: 1.05am** Brain Box **S4C:** 

As C4 except: 6.35pm Gala Operatig Llangollen 8.10 Newyddion a Chwaraeon 8.25 NEW Noson Lawen 9.30 SPORT Sgorio Cymru 10.05 Jonathan 11.05 ELM Braveheart: Epic historical drama directed by and starring Mel Gibson. 2.20am FILM

#### **TODAY'S SPORT**

6.00am Aerobics

6.30 Premier League Preview 7.00 Football League Weekend

8.00 Champions League Weekly (HD)

8.30 Premier League Preview

9.00 Soccer AM

12.00noon Soccer Saturday 12.30pm LIVE Football: Spurs vs Blackburn, kick-off 12.45pm. (HD)

3.00 Soccer Saturday: Up-to-the-minute scores with Jeff Stelling and guests.

5.15 LIVE Rugby League: Warrington Wolves vs Bradford Bulls at the Halliwell Jones Stadium, kick-off 5.30pm. (HD)

7.30 You're on Sky Sports!

8.25 Football First

1.15am Sky Sports Classics

1.30 Champions League Weekly (HD) 2.00-6.00am MUST-SEE Boxing: Manny

Pacquiao vs Joshua Clottey from the Cowboys Stadium in Texas. (HD)

#### sky SPORTS 1 sky SPORTS 2

6.00am LIVE Cricket: The second day of the first Test between Bangladesh and England from Chittagong.

11.30 World Sport

12.00noon LIVE Football: Kilmarnock vs Celtic, kick-off 12.15pm. (HD)

2.30pm Cricket

4.30 Boxing: Paul Smith vs Tony Dodson at the Liverpool Echo Arena. (HD)

6.30 A-League

7.00 LIVE Golf: The third day of the CA Championship at the Doral Golf Resort and Spa in Miami, Florida. (HD)

11.00 Golf

12.00m't Max Power

1.00am Spanish Football

**2.30** A-League 3.00 IEX Magazine

3.25-6.00am LIVE Cricket: More ball

slogging with the third day of the first Test between Bangladesh and England.

#### FILM4 (315)

6.25pm K-19: The Widowmaker: Cold War thriller starring Harrison Ford. 9.00 She's the Man: Romantic comedy starring Amanda Bynes. 11.00 No Day Watch: Russian horror fantasy sequel. 1.30-3.40am You Can Count on Me: Indie comedy drama starring Laura Linney.

#### **COMEDY CENTRAL (126)**

7.00pm Beetlejuice: Fantasy comedy. 8.45 Scrubs 9.15 Lee Evans: Wired and Wonderful - Live at Wembley 11.30 FILM Police Academy 6: City Under Siege: Comedy sequel. 1.10am Grouchy



4.45pm MUST-SEE Football: Hull City vs Arsenal. 7.45 LIVE

Italian Football: Napoli vs Fiorentina. 9.45 Bundesliga 11.30 Athletics 1.30am NBA Fastbreak 2.00 WE Basketball 4.00-5.00am World Series of Poker

Young Men 1.40 Dirty Sexy Funny: Olivia Lee 2.10 South Park 2.40 Two and a Half Men 3.40 Comedy Store 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

#### BBC3 (115)

7.00pm The Real Hustle on Holiday 8.00 Top Gear **9.05** FILM Bruce Almighty: Comedy. 10.40 Eddie Izzard: Marathon Man: The physical and mental strain begins to take its toll. 11.40 Family Guy: Stewie is left home alone. 12.00m't American Dad! 12.45am Hotter Than My Daughter 1.15 Snog, Marry, Avoid? 1.45 Eddie Izzard: Marathon Man 2.45 The Real Hustle on Holiday 3.45 Hotter Than My Daughter 4.15-5.15am Lily Allen at Radio 1's Big Weekend

6.55pm The Big Bang Theory 7.25 How I Met Your Mother 7.55 Friends 9.00 Assault on Precinct 13: Action thriller

starring Ethan Hawke. 11.05 My Best Friend's Wedding: Romantic comedy starring Julia Roberts. 1.15am Supernanny 2.10 Gok's Fashion Fix 3.05 Samantha Who? 3.30-6.00am Hollyoaks

#### **DAVE (111)**

7.10pm Fifth Gear 7.40 Have I Got News for You 8.20 The Mighty Boosh: Howard is abducted by a yeti. 9.00 Live at the Apollo: With Sean Lock and Jason Manford. 10.00 Red Dwarf 12.00m't Red Dwarf Special: Smeg Ups 12.40am Red Dwarf 2.00 The Mighty Boosh 2.40-3.00am SPORT Radical Highs

#### MTV ONE (350) 2.30pm The City 9.00 The Official UK Top

20 **11.00** World Stage **12.00m't** 40 Naughtiest Celebrity Scandals: A countdown of mischievous antics 2.00am Justin Bieber's Teen Stars 4.00-**6.00am** Peter Andre's Pop Revelations

### 13 MARCH SATURDAY FULL 7 DAY TV



6.00am Brainiac: Science Abuse (R)(HD) 7.00 Malcolm in the Middle (R) 7.30 Malcolm in the Middle (R) 8.00 SPORT Wayne Rooney's Street Striker (R)(HD) 9.00 SPORT Soccer AM 12.00noon The Simpsons (R) **12.30pm** The Simpsons (R) 1.00 The Real A&F (R)(HD) 2.00 Pineapple Dance Studios (R)(HD) 3.00 Fat Families (R)(HD) 4.00 The World Wild Vet (R)(HD) **5.00** Oops TV (R) **6.00** The Simpsons (R) **6.30** The Simpsons (R)

#### 7.00 Futurama

Kif hopes to impress Amy's parents by retrieving their stolen livestock. (R)

#### 7.30 Futurama

Bender becomes a tyrannical pharaoh. (R)

#### 8.00 Pineapple **Dance Studios**

#### 9.00 The Librarian: The **Curse Of The Judas Chalice**

Action adventure seguel for goths. (HD)

#### 10.45 **Fringe**

The team travels to Edina to investigate the murder of three state troopers.

#### 11.45 Road Wars

Officers investigate a gang mugging that leave a man with a broken nose. (R)(HD)

#### 12.45am A League Of Their Own

Cool new sport-based comedy quiz show hosted by James Corden. (R)(HD)

1.45 Miami SWAT: Double-bill. (R)(HD) 3.25 Prison Break (R)(HD) 4.20 American Gladiators (R)(HD) **5.10-6.00am** Are You Smarter Than a 10 Year Old? (R)(HD)

Wrong Turn: Thriller starring Eliza Dushku. 3.55-4.50am The Flying Car: Daredevils

#### **VIRGIN 1 (121)**

7.00pm Most Shocking 8.00 Street Crime UK 9.00 No Way Out: Thriller starring Kevin Costner and Gene Hackman. 11.15 Sexcetera 11.50 Virgin Media Shorts 2009 12.00m't Roulette Nation 3.00am World's Most Amazing Videos 4.00-5.00am TV Scrabble

#### SCI-FI (129)

7.00pm Tremors 2: Aftershocks: Tongue-in-cheek horror sequel. 9.00 Tremors 3: Back to Perfection 11.00 Dangerous Waters: Shark Attack: Teen adventure thriller. 12.40am Heroes 4.00-6.00am FILM Past Tense

#### FX (164)

3.00pm King of the Hill 8.00 American Dad! 9.00 Family Guy 11.30 American Dad! 12.00m't FILM The Front Line: Thriller. 1.50am Urban Legends 2.20 The Newsroom 2.50-3.50am Swat USA

### TODAY'S MUST-SEE



#### Watchmen

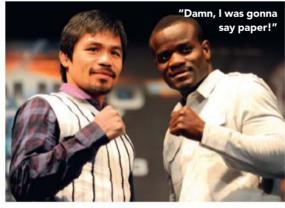
Sky Movies Premiere/HD, 10pm

Absolutely epic staging of the graphic novel that sees a group of disgraced heroes hauled out of retirement when one of their number, The Comedian, is found murdered. The story of two generations of masked vigilantes is told as three of the current batch, Rorschach, Nite Owl and Silk Spectre 2, go about investigating the murder, in a parallel vision of America where mankind has well and truly lost its way and we're all going to hell in a handcart. An action classic. ★★★★



### **Scotland vs England**

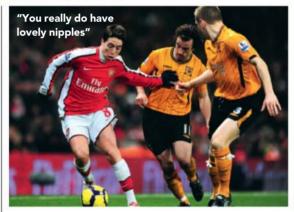
England head to Murrayfield to defend the Calcutta Cup and attempt to keep alive their Six Nations Championship hopes. Scotland, meanwhile, face the dreaded wooden spoon! \*\*\*



### **Pacquiao vs Clottey**

Sky Sports 1/HD, 2am

It took fearless Filipino Manny Pacquiao just two rounds to beat Ricky Hatton last year. Here, he defends his WBO Welterweight title against Ghanaian Joshua Clottey. Run, Joshua! ★★★



#### Hull vs Arsenal ESPN, 4.45pm

SPORT We're expecting a bit of needle in this one. Aside from the fact that both teams are desperate for the points for very different reasons, their last meeting at the Emirates in December led to both clubs copping a fine for fisticuffs! \*\*\*\*



6.00am Breakfast 7.35 Ss Match of the Day (R) 9.00 The Andrew Marr Show 10.00 The Big Questions 11.00 BBC News Weather 11 10 MUSTISSE Formula 1 The Bahrain Grand Prix: It's the opening race of the season! Come on Jenson! Er, and Lewis! Start time 12noon. 2.15pm The Politics Show 3.30 Cash in the Celebrity Attic (R) 4.15 Murder, She Wrote (R) 5.00 Songs of Praise **5.35** BBC News, Regional News, Weather 6.00 Countryfile

6.00am (Reehies 7.00 CRRC 10.00 Something for the Weekend 11.30 SPORT On Thin Ice (R) 12.15pm EastEnders 2.10 **LIVE** Six Nations Rugby Union: France vs Italy, kick-off 2.30pm. 4.40 Escape to the Country **5.10** Banded Brothers -The Mongoose Mob **6.10** Richard Hammond's Engineering Connections (R)

5.30am ITV News 6.00 GMTV 9.25 CITV 10.00 Coronation Street 12.20pm News. Weather 12.30 FILM The Best of Benny Hill: Comedy. 2.10 Columbo: Murder in Malibu 4.10 Agatha Christie's Poirot (R) 6.10 Regional News, Weather 6.25 ITV News **6.40** Harry Hill's TV Burp (R)

6.00am The Hoobs (R) 6.50 Yo Gabba Gabba (R) 7.15 SPORT The Great Swim Series (R) 8.10 SPORT The Grid 8.35 SPO Freesports on 4 9 10 T4. The Hills (R) 9 40 Friends (R) **10.10** Hollyoaks **12.40pm** Ultimate Traveller 1.45 Friends (R) 2.45 90210 **3.45** The Simpsons (R) **4.50** Deal or No Deal 5.35 Glee 6.30 News

6.00am Sunrise 7.00 Milkshakel 10.00 Shake! 11.10 Build a New Life in the Country (R) 12.05pm Highland Emergency (R) 1.05 Ice Road Truckers (R) 2.10 Hangman's Knot: Western starring Randolph Scott. 3.45 FILM The Cowhovs: Western starring John Wayne and Bruce Dern. **6.05** Five News **6.10** FLM Jumanji: Fantasy adventure starring Robin Williams and Bonnie Hunt.

#### 7.00 Victoria: **A Royal Love Story**

#### 8.00 Lark Rise To **Candleford**

Bonnet-based bobbins

9.00 Seven Ages Of Britain Britain's imperialist history. Yawn.

#### 10.00 BBC News, Weather 10.25 Great British **Railway Journeys**

Michael Portillo takes the Embsay and Bolton Abbey steam railway. (R)

#### 10.55 The Brothers Grimm

Two conmen brothers who claim to be professional demon slayers are caught out when they encounter a real witch. That'll learn 'em!

12.50am Sign Zone: Berlin

1.50 Holby City (R) 2.50 The Real Winnie

Mandela (R) 3.50-6.00am BBC News

Matt Frei explores the history of the German capital. (R)

#### 7.00 Top Gear

Mad-haired London Mayor Boris Johnson is the Star In A Reasonably Priced Car. (R)

#### 8.00 Tropic Of Cancer

NEW Simon Reeve traces the path of the northern tropic around the globe, which sounds like a lot of hassle if you ask us. He begins in Mexico.

#### 9.00 Wonders Of The **Solar System**

Brian Cox examines the physics through which the universe was formed. Ooh!

#### 10.00 Match Of The Day 2

SPORT Action from the games between Man United and Fulham and Sunderland vs Man City.

#### 10.50 Blur: **No Distance Left To Run**

PREMIERE Documentary following the band from their Britpop heyday through to their break-up and 2009 reunion.

#### 12.35am Blur At **Glastonbury 2009** Ace performance from last year.

1.20 FILM Human Traffic: British club culture drama. 2.55 BBC News 3.50-4.35am SPORT The Super League Show 7.10 Dancing On Ice

8.30 Wild At Heart

8.30 Wild At Heart Giraffe-based japery.

#### 9.30 Dancing On Ice: The Skate Off

No-one cares!

10.00 ITV News, Weather 10.15 Trevor McDonald **Meets David Cameron** 

#### 11.15 Piers Morgan On

The journalist talks to a selection of money-obsessed types in Marbella. (R)

#### 12.10am Champions League Weekly

Highlights of the recent last-16 second-leg games, including Manchester United vs AC Milan and Arsenal vs Porto.

#### 12.40 Nightwatch With **Steve Scott: Emergency**

1.30 FILM Real Women Have Curves:

Hispanic family drama. 3.05 Dating the

Enemy (R) 3.25-5.30am ITV Nightscreen

Nee-naw, nee-naw! (R)

#### 7.00 Embarrassing Bodies 8.00 Celebrity Come

Dine with Me Featuring Tom O'Connor, Kim Woodburn, Darren Day and Claire Sweeney.

#### 9.00 Snakes On A Plane

Nutty action flick starring
Samuel L Jackson as an FBI agent trapped on a flight with squillions of snakes for company. Mad!

#### 11.05 Silent Hill

A mother searches for her daughter when she vanishes in a mysterious town plaqued with sinister creatures. Like Northampton or Stoke, then. Just kidding!

1.25am FILM The Broken Hearts Club

3.00 Hill Street Blues 3.50 Dispatches:

Cameron Uncovered 4.45 Battlefront

Television 5.15-6.00am Countdown

#### 8.15 Joe Kidd

A hired gun becomes involved in a range war between poor Mexicans and a powerful rancher. Clint Eastwood's in it.

#### 10.00 Revolver

Guy Ritchie's terrible crime thriller starring Jason Statham. An ex-convict gambler learns the ultimate con trick and seeks revenge against his casino-owning enemy. Total and utter tosh.

#### 12.15am The Gadget Show

Former Olympic 100m champ Linford Christie has a look at the latest sports shoes. Just don't expect to be able to run as fast as him if you invest in a pair. (R)

1.15 SuperCasino 4.05 House Doctor 5.00 Hana's Helpline 5.10 The Milkshake! Show 5.35 Thomas & Friends 5.45-6.00am Roary the Racing Car

BBC1 NORTHERN IRELAND: 10.25pm The Politics Show 10.50 Great British Railway Journeys 11.20 The Brothers Grimm 1.10am BBC News BBC1

The Brothers Grimm 1.40am BBC News BBC2 SCOTLAND: 7.00pm Banded Brothers - The Mongoose Mob STV: 12.10am Roulette Nation 1.00 SPORT Champions League Weekly 1.30 FILM Around the Bend: Road movie starring Christopher Walken. 2.55-5.30am ITV Nightscreen S4C: As C4 except: 7.00pm SPORT Rygbi: Cwpan LV 8.00 Dechrau Canu Dechrau Canmol 8.30 NEW 3 Lle 9.00 Cwcw 10.40 Newyddion a'r Tywydd 10.55

Stardust: Fairytale comedy adventure starring

Claire Danes. 1.25am FILM Keeping Mum: Comedy starring Rowan Atkinson. 3.20 Generation XXL 4.15-4.45am White Boy, Black Nanny

11.15 Great British Railway Journeys 11.45 FILM

WALES: 10.25pm SPORT Scrum V Six Nations Special

### **TODAY'S SPORT**

6.00am Aerobics 6.30 Football First

9.30 The Sunday Supplement

#### 11.00 Goals on Sunday 1.00pm MUST-SEE Football: Man United vs Fulham, kick-off 1.30pm. (HD)

3.30 IVE Football: Sunderland vs Man City, kick-off 4pm. (HD)

6.30 Super Sunday: The Last Word (HD) 7.00 LIVE Spanish Football: Coverage of a match from La Liga. (HD)

10.00 Boxing: Face-punching between Manny Pacquiao and Joshua Clottey. (HD) 11.30 Football: Man United vs Fulham

and Sunderland vs Man City. (HD) 1.00am Super Sunday: The Last Word: Andy Gray twiddles his knobs. (HD)

1.30 Spanish Football (HD)

3.25-6.00am LIVE Cricket: The fourth day of the first Test between Bangladesh and England in Chittagong.

#### sky SPORTS 1 sky SPORTS 2

6.00am LIVE Cricket: Ball-clobbering in the third day of the first Test between Bangladesh and England in Chittagong. 11.30 World Sport

12.00noon LIVE Rugby Union: The Anglo-Welsh Cup match between Cardiff Blues and Gloucester from the Cardiff City Stadium, kick-off 12.15pm. (HD)

2.30pm Cricket: Highlights of the Test between Bangladesh and England. 4.00 LIVE Rugby Union: Northampton

Saints vs Saracens, kick-off 4.15pm. (HD) 6.30 World Sport

7.00 LIVE Golf: Day four of the CA Championship at the Doral Golf Resort and Spa in Miami, Florida. (HD) **11.00** Golf

12.00m't Golf

2.30am Rugby Union: Highlights of the semi-finals of the Anglo-Welsh Cup. (HD) 4.00-4.30am Rugby Union (HD)

#### FILM4 (315)

6.50pm Hope Floats: Romantic drama rubbish starring Sandra Bullock. 9.00 Premonition: Supernatural drama starring Sandra Bullock. 10.50 The Truth About Cats & Dogs: Romantic comedy starring Uma Thurman. 12.45-3.40am Import Export: Drama starring Ekateryna Rak.

#### **COMEDY CENTRAL (126)**

9.00am Two and a Half Men 7.30pm Scrubs: Kelso and Cox try to oust Maddox from Sacred Heart. 8.00 Samantha Who? 8.30 Two and a Half Men 9.30 Omid Djalili - One Night Stand 10.05 Jo Brand



6.30pm Talk of the Terrace 7.45 LIVE Italian Football: AC Milan vs Chievo. 10.00 Dutch Football

11.45 Athletics 12.45am ESPN Boxing: Short Stories 1.00 WE NBA Basketball 3.30-5.30am World Series of Poker

Barely Live 11.40 Dirty Sexy Funny: Olivia Lee: Hidden camera show. 12.10am Grouchy Young Men 12.40 Two and a Half Men 1.40 FILM Beetlejuice: Fantasy comedy starring Michael Keaton. 3.25 Two and a Half Men 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

#### BBC3 (115)

7.00pm SPORT Formula 1: The Bahrain Grand Prix Highlights: From the Bahrain International Circuit in Sakhir. 8.00 Snog, Marry, Avoid? 9.00 Undercover Princesses 10.00 Heroes: Peter discovers that extreme measures are necessary to stop Sylar. 10.40 Family Guy: Double-bill of cartoon aceness. 11.05 American Dad! 11.50 Undercover Princesses 12.50am Eddie Izzard: Marathon Man 1.50 SPORT Formula 1: The Bahrain Grand Prix Highlights 2.45 Harper's Island 3.30 Snog, Marry, Avoid? 4.30-5.30am World's Toughest Driving Tests

7.00pm My Name Is Earl: Montel Williams quests. 7.55 Friends 9.00 Desperate Housewives 11.00 Samantha Who? 11.55 Being Erica 12.55am Supernanny 1.50 Gok's Fashion Fix 2.45 Samantha Who? 3.30-6.00am Hollyoaks

#### **DAVE (111)**

7.00pm Charley Boorman: Sydney to Tokyo, by Any Means: The adventurer concludes his journey in Japan. 8.00 Three Men in More Than One Boat 9.00 Never Mind the Buzzcocks: Back-to-back editions. 1.40am The Mighty Boosh 2.20-3.00am The Indestructibles

#### MTV ONE (350)

**7.00pm** Teen Mom **9.00** MTV's Top 20 Under 25 10.00 The Osbournes: Kelly's 18th birthday approaches. 11.00 Scream Queens 12.00m't 40 Greatest Reality TV Moments 2.00-6.00am Teen Cribs

### 14 MARCH SUNDAY FULL 7 DAY TV



6.00am Hour of Power (HD) 7.00 Malcolm in the Middle (R) 7.30 Malcolm in the Middle (R) 8.00 Pineapple Dance Studios (R)(HD) 9.00 SPORT WWE (R)(HD) 12.00noon The Simpsons (R) 12.30pm The Simpsons (R) 1.00 Futurama (R) 1.30 Futurama (R) 2.00 Futurama: Welcome to the World of Tomorrow (R) 2.15 FILM The Librarian: The Curse of the Judas Chalice: Action adventure seguel (HD) 4.00 UK Border Force (R)(HD) 5.00 The Simpsons (R) 5.30 The Simpsons (R)(HD) 6.00 Pineapple Dance Studios (HD)

#### 7.00 The World Wild Vet Luke Gamble treats a poorly dog

#### 8.00 Noel's Are You Smarter Than Your 10 Year Old?

Go away, Beardy! (HD)

#### 90024

Jack continues to track the informed terror suspect. (HD)

#### 10.00 House

MUST-SEE The medic takes or the case of a beautiful executive based on her looks. The sly old fox. Hugh Laurie stars. (HD)

#### 11.00 Bones

Booth and Brennan visit New Mexico when a body is found. (R)(HD)

#### 12.00m't A League Of Their Own

Quiz featuring Sky Sports News hottie Georgie Thompson. (R)(HD)

1.00am Pineapple Dance Studios 2.00 Road Wars 3.45 American Gladiators 4.40 Hello Goodbye 5.05-6.00am Are You Smarter Than a 10 Year Old?

#### **VIRGIN 1 (121)**

7.00pm Home Video Heroes 8.00 Britain's Worst Performer 9.00 Four Weddings 10.00 Most Shocking 11.00 Trauma 12.00m't Roulette Nation 3.00am World's Most Amazing Videos 4.00-5.00am TV Scrabble

#### SCI-FI (129)

7.00pm Legend of the Seeker 8.00 Sanctuary 9.00 FLM 30,000 Leagues Under the Sea: Thriller. 10.40 FILM Silent Venom: Action thriller. 12.20am FILM Universal Soldier III: Unfinished Business: Action thriller sequel. 2.20 3rd Rock from the Sun 3.00 Flash Gordon 4.00-6.00am Lava Storm

#### FX (164)

7.00pm Burn Notice 8.00 NCIS 10.00 True Blood 11.10 Life 12.10am The Wire 1.20 Family Guy: Cartoon laughs. 2.20 Nip/Tuck 3.20-4.20am Underbelly

### **TODAY'S MUST-SEE**



#### **The Bahrain Grand Prix**

Formula One is **SPORT** back! After Jenson Button's triumph last season and Lewis Hamilton's the year before, will 2010 see one of the McLaren pair make it three in a row for Brits? Anyway, it's the return of legend Michael Schumacher at Mercedes that's really got tongues wagging. Can the great man, now 41, do it one more time? With Ferrari's duo of Fernando Alonso and Felipe Massa looking strong, it's one hell of an ask! ★★★★



#### **Man United vs Fulham**

Sky Sports 1/HD, 1pm

Fulham travel to Old Trafford to face a United side looking to avenge a shock 3-0 defeat at Craven Cottage earlier in the season. Straight after, it's Sunderland vs Man City! ★★★★★



### Loaded Sky Movies Premiere/HD, 12.45am

Vinnie Jones gets second billing in a vinnie Jones gets 3000000 mich Jesse surprisingly effective thriller in which Jesse "Mr Nadine Coyle" Metcalfe stars as a law student who slips into a seedy netherworld of drugging, clubbing and sexing. Sounds like good fun! ★★★★



### House Sky1/HD, 10pm

The grumpy medic Hugh Laurie) takes on the case of a hottie (the lovely Beau Garrett), based solely on her looks. Great work it you can get it. Or not – it turns out she's a psychopath! We've all been there, House! ★★★



6.00am Breakfast 9.15 NEW Missing Live **10.00** Homes Under the Hammer (R) 11.00 To Buy or Not to Buy 11.30 Cash in the Attic (R) 12.00noon Bargain Hunt 1.00pm BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 NEW Missing 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3 25 CBBC 5 15 Weakest Link: Shouty auiz show. 6.00 BBC News. Weather 6.30 Regional News Programmes, Weather

6.00am (Reehies 7.00 CRRC 8.30) CBeebies 11.00 Schools 12.00noon Daily Politics **12.30pm** Working Lunch **1.00** Nature's Top 40 (R) **1.30** Castle in the Country (R) 2.00 Animal Park (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! 4.30 Pointless **5.15** Escape to the Country **6.00** Eggheads (R) 6.30 Antiques Road Trip

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show **10.30** This Morning 12.30nm Loose Women 1.30 ITV News 1.55 Regional News Weather 2.00 House Guest in the Sun **3.00** Dickinson's Real Deal 4.00 Rosemary & Thyme (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.00am The Treacle People (R) 6.10 The Hoobs (R) 7.00 Freshly Squeezed 7.25 Everybody Loves Raymond (R) 8.20 Frasier (R) 9.20 Will & Grace (R) 9.45 Deal or No Deal (R) 10.35 Coach Trip (R) 11.05 Wife Swap USA 12.00noon Channel 4 News Summary 12.05pm Dolce Vito - Dream Restaurant (R) 12.30 It's Me or the Dog (R) 1.05 FILM Never So Few: Romantic drama 3 25 Countdown 4 10 Deal or No Deal 5.00 Coach Trip 5.30

6.00am Milkshakel 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor (R) 12.15pm House Doctor (R) 12 40 Five News 12 45 Axe Men (R) 1.45 Neighbours 2.15 Home and Away 2.50 I Own Britain's Best Home: Flying Visit (R) 3.05 FILM Flood: A River's Rampage: Disaster movie starring Richard Thomas and Kate Vernon. 5.00 Five News with Natasha Kaplinsky, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

#### 7.00 The One Show

7.30 Bang Goes The Theory As does our interest in BBC1 right now.

#### 8.00 EastEnders

High drama as Danny tries to persuade Roxy to buy the beauty salon.

#### 8.30 Panorama

Why broadband users who illegally download music and films could soon lose their internet access. Blimey!

#### 9.00 New Tricks

10.00 BBC News, Weather

#### 10.35 Diet Or Mv **Husband Dies**

11.25 Late Kick Off

SPORT A round-up of the weekend's Football League action. Might as well stay up then.

#### 11.55 Joe Somebody

A dad plans his revenge on the office bully.

#### 7.00 Seven Ages Of Britain 8.00 University Challenge

Swot wars. 8.30 Raymond Blanc:

#### **Kitchen Secrets**

The chef focuses on winter vegetables before knocking the idea on the head and going to the chippy instead. Maybe.

#### 9.00 A Band For Britain

The band take part in a competition in Hardraw Scar, North Yorkshire. That place doesn't sound intimidating at all. Er...

#### 10.00 Grumpy Old Women

10.30 Newsnight

#### 11.20 Newswipe With Charlie Brooker

News-based laughs with one of the most hilarously angry men on telly.

#### 11.50 Inside John Lewis

Inside? Careful - you might never find your way back out again! (R)

12.50am Tropic Of Cancer

#### 7.00 Emmerdale

Sheep-shearing soap

#### 7.30 Coronation Street

When Molly starts feeling ill, Dev has Sunita take her to the medical centre, where she stares listlessly into a really old copy of Reader's Digest for 30 minutes.

#### 8.00 The Lakes

An American couple spend a spooky night at Muncaster Castle. The loonies!

#### 8.30 Coronation Street

#### 9.00 Married Single Other Make it stop - please!

10.00 ITV News, Weather

#### 10.35 Bird On A Wire

A police informant in a witness protection scheme has his cover blown by an old flame, forcing the pair to go on the run.

12.40am In Plain Sight (R)

#### 7.00 News

#### 7.55 3 Minute Wonder: How it Is

Come Dine with Me Extra Portions 6.00 The Simpsons (R) 6.30 Hollyoaks

#### 8.00 Dispatches: Children Of Gaza

The lives of three children in Gaza.

#### 9.00 The Secret Millionaire Jahan Abedi goes undercover in Leicester

to do good stuff for people.

#### 10.00 The Good Wife

Alicia uncovers the real culprit in an arson case she is working on, and is later asked to testify on Peter's behalf.

#### 11.00 The Sentinel

A veteran US secret service agent has a thoroughly stressful time trying to find a traitor and foil a plot to assassinate the president.

#### 7.30 Building The Ultimate

Passenger jets. (R)

#### 8.00 The Gadget Show

Hard-as-nails robots.

#### 9.00 The Good, The Bad And The Ugly

Sergio Leone's classic
Spaghetti Western set during the American Civil War. Definitely worth checking out if you've never seen it.

#### 12.40am Urban Legends

How chocolate puddings gave someone a million flyer miles, and a man who mailed himself to his parents. (R)

1.35am Sign Zone: The Hairy Bikers: Mums Know Best (R) 2.35 Future of Food (R) 3.35 The British Family: Money and careers. 4.35-6.00am BBC News

1.50 BBC News 4.00-6.00am BBC Learning Zone: Educational programmes. 1.30 Loose Women (R) 2.15 The Jeremy Kyle Show: Angry people shout at each other. (R) 3.10-5.30am ITV Nightscreen

7.05pm Knights of the South Bronx:

Fact-based drama starring Ted Danson.

Simpsons Movie: Film version of the ace

cartoon comedy. 10.45 The Libertine:

Historical drama. 12.55am No Love &

Basketball: Romantic sporting drama.

3.15-3.25am Green Zone Special

7.00pm The King of Queens 8.00

Scrubs: Turk and JD face money troubles.

9.00 Two and a Half Men 10.00 Dirty

Sexy Funny: Olivia Lee 10.30 Sex and

**COMEDY CENTRAL (126)** 

**8.50** Green Zone Special **9.00** The

1.05am The Good Thief 3.00 St Elsewhere 3.50 Year Dot Television 4.25 Battlefront Television 4.55 Osama bin Everywhere 5.45-6.10am Yo Gabba

1.10 SuperCasino 4.00 The FBI Files 4.55 Rough Guide to Beaches: Thailand, Morocco and Kenya. 5.10 Neighbours 5.35-6.00am Home and Away

BBC1 SCOTLAND: 9.00pm Holby City 11.25 Would I Lie to You? BBC1 N. IRELAND: 10.35pm House of the Year 11.05 Diet or My Husband Dies BBC1 WALES: 7.30pm X-Ray 10.35 Planet Wales 11.15 Diet or My Husband Dies 12.05am FILM Joe

Somebody 1.40 Country Tracks BBC2 SCOTLAND: 10.00pm Burnistoun BBC2 N. IRELAND: 10.00pm Amharc Aneas 11.20 Grumpy Old Women 11.50 Newswipe 12.20am Inside John Lewis 1.20 Tropic of Cancer 2.20 BBC News BBC2 WALES: 7.00pm

FILM4 (315)

Railway Walks 7.30 NEW Bang Goes the Theory STV: 8.00pm The Lakes 9.00 Underbelly 10.30 STV News and Weather 10.40 October Road 11.30 Cuide Ri Cathy 12.05am Slighe Anndra 12.30 Roulette Nation 1.00 Nightwatch 1.55 The Jeremy

Kyle Show 2.50-5.30am ITV Nightscreen ULSTER: 10.30pm UTV Live Tonight 11.10 Wild Belfast 11.40 Brain Box ITV1 WALES: 8.00pm The Ferret **S4C:** As C4 except: **7.00pm** Wedi 7 **7.30** Newyddion a'r Tywydd 8.00 Pobol y Cwm 8.25

#### **TODAY'S SPORT**

#### sky SPORTS 1

6.00am WE Cricket: The fourth day of the first Test between Bangladesh and England in Chittagong. 11.30 Champions League Weekly (HD)

12.00noon Spanish Football (HD) 2.00pm Football (HD) 3.30 Super Sunday: The Last Word (HD)

4.00 Cricket 6.00 Soccer AM: The Best Bits

7.00 Netbusters 7.30 LIVE Football: Notts County vs Bournemouth, kick-off 7.45pm. (HD) 10.00 Time of Our Lives

11.00 A League of Their Own (HD) 12.00m't Soccer AM: The Best Bits

1.00am Football (HD) 2.30 Sports Unlimited

3.25-6.00am LIVE Cricket: The last day of the first Test between Bangladesh and England in Chittagong. Although we're expecting England to have won by now.

#### sky SPORTS 2

6.00am Good Morning Sports Fans 9.00 Football: Man United vs Fulham and Sunderland vs Man City. (HD) 10.30 Golf: The fourth day of the CA Championship in Miami, Florida. (HD) 2.30pm Rugby League: A rerun of

Warrington vs Bradford. (HD) 4.00 Tennis: Highlights of the fourth day's play of the BNP Paribas Open.

6.00 LIVE Tennis: The third round of the BNP Paribas Open in California.

12.00m't Boots 'n' All: A review of the week's action from Super League. 1.00am Wonderful World of Golf: Annika Sorenstam vs Dottie Pepper from 1996.

2.30 Golf: The fourth day of the CA Championship in Miami, Florida. (HD) 3.30 Golf: The Puerto Rico Open from the Trump International Golf Club. (HD) 4.30 PGA Tour Classic (HD)

5.30-6.00am FIFA Futbol Mundial

7.00pm MUST-SEE Football: Liverpool *vs Pompey.* **10.30** 

Bundesliga Review Show 11.45 Russian Premier League Football 1.30am World Series of Poker 2.30 French Rugby 3.00 Dutch Football 4.45-5.15am Basketball the City 11.40 Two and a Half Men 12.40am Scrubs 1.10 South Park 2.10 Samantha Who? 2.40 Comedy Store 3.10 Two and a Half Men 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

#### BBC3 (115)

7.00pm Doctor Who 7.45 Doctor Who Confidential 8.00 The Real Hustle Undercover 8.30 Snog, Marry, Avoid? 9.00 Gavin & Stacey 10.00 EastEnders 10.30 Undercover Princesses 11.30 Family Guy 12.15am Scallywagga: Sketch show. 12.45 The Gemma Factor 1.15 Gavin & Stacey 2.10 Snog, Marry, Avoid? 2.40 Undercover Princesses 3.40 The Gemma Factor 4.10 The Real Hustle Undercover 4.40 Scallywagga 5.10-5.20am Doctor Who Confidential

#### E4 (136)

7.00pm Hollyoaks 7.30 How I Met Your Mother 8.00 Friends 9.00 Glee

10.30 King of the Hill 11.00 Skins 12.05am Assault on Precinct 13: Thriller starring Ethan Hawke. 2.05 How I Met Your Mother 2.30 Scrubs 3.15 Skins **4.10** Crowned **4.55-6.00am** Switched

6.40pm Have I Got News for You 7.20 Lead Balloon 8.00 Top Gear 9.00 Mock the Week 9.40 Men Behaving Badly 10.20 Krod Mandoon 10.50 QI 11.30 Mock the Week 12.10am Bottom 12.50 Men Behaving Badly 1.30 Man Stroke Woman 2.05-3.00am The Mighty Boosh

#### MTV ONE (350)

**7.00pm** Teen Cribs **8.00** Teen Mom **9.00** The Osbournes 10.00 Scream Queens 11.00 Nitro Circus 12.00m't Pimp My Ride 1.00am Disaster Date 2.00 South Park 3.00 Rock of Love 4.00 Pimp My Ride 5.00-6.00am My Super Sweet 16

#### 86 Nuts

### 15 MARCH MONDAY

## FULL 7 DAY TV GUIDE!

### sky

6.00am Sports Fans 7.00 The Simpsons (R) 7.30 The Simpsons (R) 8.00 Brainiac: Science Abuse (R) 9.00 Lie to Me (R) 10.00 Grimebusters: Graffiti artists are targeted. (R)(HD) 10.30 Grimebusters (R)(HD) 11.00 Lion Man (R) 11.30 The Biggest Loser: Australia (R) 1.00pm Lie to Me (R) (HD) 2.00 Angela and Friends (HD) 3.30 Project Runway (R) 4.30 Lion Man (R) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)

#### 7.00 The Simpsons

Marge founds a carpentry business. R)

#### 7.30 The Simpsons

The town takes a battering when the army comes to Springfield. (R)

#### 8.00 How to Get What You Want

Boffins look at whether humour can do more than make people laugh.

#### 9.00 House

The medic takes on the case of a beautiful executive. Good man! (R)(HD)

#### 10.00 NCIS: Los Angeles

A Marine is killed by an exploding mobile phone. Faulty battery? (HD)

#### 11.00 UK Border Force

#### 12.00m't School Of Hard Knocks

Series about a boxing club. (R)

#### 12.30am School Of Hard Knocks

A 13-year-old traveller and his dream of becoming a boxer. (R)

1.00 24 1.50 Road Wars 2.40 Ross Kemp 3.30 Don't Forget the Lyrics US 4.20 Journeyman 5.10-6.00am Are You Smarter Than a 10 Year Old?

Ffermio 9.00 Cefn Gwlad 9.30 Taro 9
10.00 SEORT Sgorio 10.50 Penawdau
Newyddion a'r Tywydd 10.55 Too Poor for
Posh School? 11.55 Good Wife 12.50am
Dispatches 1.45-4.45am

#### **VIRGIN 1 (121)**

7.00pm Star Trek: Voyager: Janeway receives an offer. 8.00 Four Weddings 9.00 Ghost Whisperer 10.00 INDISESS Trauma 11.00 Medium 12.00m/t Roulette Nation 3.00am Vegas Virgins 4.00-5.00am Ninja Warrior

#### SCI-FI (129)

5.00pm Buffy the Vampire Slayer 8.00 Sanctuary 9.00 A Town Called Eureka: The town is plunged into a new ice age. How inconvenient. 10.00 Medium 1.00am Buffy the Vampire Slayer 3.00 Sea of Souls 4.00-6.00am Impact

#### FX (164)

7.00pm NCIS 9.00 Family Guy: Peter loses his job. 9.30 American Dad! 10.00 NCIS 11.00 True Blood: Bill and Eric team up to save Sookie from a mysterious creature. 12.10am NCIS 2.10 Swat USA 3.10-4.10am Charlie Jade

#### **TODAY'S MUST-SEES**



#### Liverpool vs Portsmouth

ESPN, 7pm

SPORT While the media frenzy over Rafa

frenzy over Rafa
Benitez's position has waned,
he'll only kill it off by ensuring
the Reds secure a top four
spot. Of course, Liverpool's
problems are nothing next
to those of Pompey, who have
the dubious distinction of being
the first Premier League club
to go into administration. With
relegation looking a certainty,
a dispirited Portsmouth should
surely be an easy scalp for
tonight's hosts. \*\*\*



### Deadly North Sea Bravo, 9pm There are lots of careers teens can aspire

There are lots of careers teens can aspire to, but it's a fair bet working on a prawn trawler isn't top of most people's list. This follows one lad doing just that, though, as he encounters sleep deprivation and seasickness along the way. \*\*\*



#### Trauma Virgin1, 10pm

A shooting rampage forces Nancy and Rabbit to work together for the first time since the helicopter accident. Yep, you'd be correct in thinking this new US medical drama has a bit more going for it than Holby City. Thankfully! \*\*\*\*



#### The Cleveland Show E4, 10pm

After overdosing on eggnog at the office Christmas party, Cleveland spills the beans about Rallo's father. No, we don't know why they're showing the Christmas special in March either, but it's still very funny, so who cares? \*\*\*\*



WWW.NUTSGAMES.CO.UK
LEASE PLAY RESPONSIBLY. OVER-185 ONLY. WWW.GAMBLEAWARE.CO.UK
PAYTABLE BET ONE BET MAX SPIN

6.00am Breakfast 9.15 Missing Live 10.00 Homes Under the Hammer (R) 11.00 To Buy or Not to Buy 11.30 Cash in the Attic: Selling period fashion items. (R) **12.00noon** Bargain Hunt **1.00pm** BBC News, Weather **1.30** Regional News, Weather 1.45 Doctors 2.15 Missing 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.25 CBBC 5.15 Weakest Link 6.00 RRC News Weather 6.30 Regional News Programmes, Weather

6.00am (Reehies 7.00 CRRC 8.30) CReebies 11.00 Schools 12.00noon Daily Politics 12.30pm Working Lunch 1.00 Nature's Top 40 (R) 1.30 Castle in the Country (R) 2.00 Animal Park (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! 4.30 Pointless **5.15** Escape to the Country **6.00** Eggheads (R) 6.30 Antiques Road Trip

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show **10.30** This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 House Guest in the Sun **3.00** Dickinson's Real Deal 4.00 Rosemary & Thyme (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.10am The Hoohs (R) 7.00 Freshly Squeezed **7.30** Everybody Loves Raymond (R) 8.25 SPORT The Morning Line **9.20** Will & Grace (R) **9.45** Deal or No Deal (R) 10.35 Coach Trip (R) 11.05 Wife Swap USA **12.00noon** News Summary 12.05pm Dolce Vito - Dream Restaurant (R) 12.30 LIVE Cheltenham Festival 4.15 Deal or No Deal 5.00 Coach Trip 5.30 Come Dine with Me Extra Portions 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshakel 9.15 The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor(R) 12.15pm House Doctor(R) 12.40 Five News 12.45 Axe Men (R) 1.45 Neighbours 2.15 Home and Away 2.50 The Family Recipe (R) 2.55 Zoo Days (R) 3.00 Junifer: Medical drama starring Laura San Giacomo and Annabella Sciorra. **5.00** Five News with Natasha Kaplinsky, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

#### 7.00 The One Show

#### 7.30 EastEnders

More angry Londoners hang around the market looking for bother.

#### 8.00 Holby City

Coma-inducing medical drama.

#### 9.00 Richard Hammond's **Invisible Worlds**

MUST-SEE The hamster looks at the wonders that lie beyond the limits of the naked eye. Ace!

#### 10.00 BBC News, Weather

#### 10.35 Wild Hogs

Four blokes suffering a mid-life crisis decide to squeeze

1.45 Horizon (R) 2.45 Natural World (R)

themselves into leather jackets and hit the open road. Can't argue with that.

#### 12.15am Sign Zone: See Hear

12.45 MasterChef

3.45-6.00am BBC News

Egg-beating antics. (R)

#### 7.00 Wonders of the Solar System

It's a complicated universe out there...

#### 8.00 Sport Relief Does Dragons' Den

MUST-SEE Celebrities put forward sporty

inventions for assessment by the panel! Still no sign of the hoverboard? Drat!

#### 9.00 Battle For **North America**

Historian Dan Snow examines the events of the Battle Of Quebec in 1759.

Impossible quiz with Phill Jupitus, Hugh Dennis and Andy Hamilton. (R)

#### 10.30 Newsnight

#### 11.20 Mad Men

Don secures the Hilton deal

#### 12.10am Michelin Stars -**The Madness Of Perfection**

The pressures attached to being a decent chef. Just buy a microwave! (R)

1.10-3.45am BBC News: Headlines.

4.00-6.00am BBC Learning Zone

#### 7.00 Emmerdale

Watch Sky1. That's an order.

#### 7.30 You've Been Framed!

Harry Hill narrates as more people slip on strategically placed banana skins. (R)

#### 8.00 Cops With Cameras

An abandoned overturned car is discovered in Hertfordshire.

#### 9.00 Law & Order: UK

A former cop is found beaten to death. (R)

#### 10.00 ITV News, Weather

#### 10.35 Martina Cole's **Lady Killers**

A re-examination of the evidence in the case of Victorian baby killer Amelia Dyer.

#### 11.35 Nightwatch With Steve Scott: Crime

Cops With Cameras by another name.

#### 12.30am Nightwatch with Steve Scott: Crime

1.25 Loose Women: Female chit-chat. 2.15 KOTV 2.40 The Grid 3.05 World Avoid! (R) 2.15 The Jeremy Kyle Show (R) Sport 3.35 Freesports 4.00 Beach 3.10-5.30am ITV Nightscreen Volleyball 4.55 The Sporting Mind 5.05-6.00am On Tour with the Queen

#### 7.00 News

7.55 3 Minute Wonder

#### 8.00 Jo Frost: Extreme **Parental Guidance Minute**

"They grow up so quickly these days!" etc.

#### 9.00 One Born Every Minute

#### 10.00 Shameless

Shane is left heartbroken by Kelly.

#### 11.05 8 Out Of 10 Cats

#### 11.40 Comedy Showcase: Guantanamo Phil

#### 12.15 Cheltenham **Festival Highlights**

SPORT The opening day of the horse-hurtling event.

#### 12.45 World Series of Poker

#### SPORT Action from the Empire Casino in London.

#### 1.45 Road To The 2010 FIFA World Cup

SPORT Footballing powerhouses, er, New Zealand.

#### 7.30 Chinese Food In Minutes

Two carpenters learn to prepare noodlebased dishes. Can we have some?

#### 8.00 Ice Road Truckers More slip sliding away.

#### 9.00 CSI: Crime

Scene Investigation

MUST-SEE A murder is linked to a shoot-out at a gun store involving four people.

#### 10.00 **CSI**: Miami

A disgraced cop becomes personally involved in an investigation. Tut, tut. (R)

#### 11.00 CSI: NY

Mac realises his stalker's motivation. (R)

#### 12.00m't The FBI Files

Behind the scenes at the FBI's crime lab.

1.00am SuperCasino 4.00 The FBI Files (R) 4.55 Rough Guide to Cities (R) **5.10** Neighbours (R) 5.35-6.00am Home and Away (R)

BBC1 SCOTLAND: 8.00 River City BBC1 WALES: Weather BBC2 NORTHERN IRELAND: 10.00pm

12.40am Michelin Stars - The Madness of Perfection 1.40-3.45am BBC News BBC2 WALES: 7.00pm Railway Walks 7.30 Welsh Tenors STV: 8.00pm Wild Scotland 10.30 STV News and

Armadillo? 11.40 Dating the Enemy 12.10am Roulette Nation 1.00 Nightwatch with Steve Scott 1.55 The Jeremy Kyle Show 2.50-5.30am ITV Nightscreen ULSTER: 8.00pm Lesser Spotted Ulster 10.30 UTV Live Tonight 11.10 SPORT RPM

Motorsport 11.40 Brain Box \$4C: As C4 except: 7.00pm Wedi 7 7.30 Newyddion a'r Tywydd 8.00 Pobol y Cwm 8.25 Pethe 9.00 NEW Sopranos 9.50 3 Lle 10.20 Penawdau Newyddion a'r Tywydd 10.25 04 Wal: Dathlu'r Deg 11.25 One Born Every

10.35pm Week In, Week Out 11.05 FLM Wild Hogs BBC2 SCOTLAND: 11.00pm Newsnight Scotland, King of the Wild Frontier 11.20 QI 11.50 Mad Men

Weather 10.40 Des McLean - Is This the Way to

### ON DIGITAL, SATELLITE AND CABLE TV

#### sky SPORTS 1

**TODAY'S SPORT** 

#### 6.00am LIVE Cricket: The end of the first Test between Bangladesh and England.

11.30 Netbusters

12.00noon Soccer AM: The Best Bits 1.00pm Football (HD)

2.30 Netbusters

3.00 Soccer AM: The Best Bits

4.00 Netbusters 4.30 Football (HD)

6.00 Football Asia 6.30 Spanish Football

**7.30** Soccer Special

10.00 Rugby Union (HD)

**10.30** Cricket 12.30am Football (HD)

1.00 Football

2.00 Rugby Union (HD)

2.30 Football (HD)

3.00 PGA Tour Classic

4.00 Wonderful World of Golf

5.30-6.00am Football Asia

#### sky SPORTS 2

6.00am Good Morning Sports Fans

9.00 Netbusters 9.30 Football (HD)

11.00 Wonderful World of Golf 12.30pm PGA Tour Classic (HD)

1.30 Boots 'n' All

2.30 Wild Spirits 3.00 Golf (HD)

4.00 Cricket

6.00 Mourinho: The Special One 7.00 MUST-SEE Football: The Champ League biggie between Chelsea and Inter

Milan, kick-off 7.45pm. (HD) 10.00 Football: Chelsea vs Inter Milan and Sevilla vs CSKA Moscow. (HD)

10.30 Football: The Premier League match betweeen Wigan and Villa. (HD) 11.30 Spanish Football

12.30am Rugby Union (HD) 1.00 Poker 2.00-3.00am Sailing

#### FILM4 (315)

7.00pm Aquamarine: Teen comedy starring Emma Roberts. 9.00 Sahara: Action adventure starring Matthew McConaughey. 11.20 A History of Violence: Thriller starring Viggo Mortensen. 1.10am The Warrior: Mythic Hindi drama starring Irfan Khan. 2.50-3.00am The Lovely Bones Special

#### **COMEDY CENTRAL (126)**

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 Scrubs: JD and Elliot's romance is rekindled when they help Dr Kelso. 10.30 Sex and the



7.30 French Rugby 8.00 Poker 10.00 Eredivisie 11.00

Serie A Weekly Round-Up 11.30 LIVE Ice Hockey 2.00am Bundesliga Review Show 3.15 Serie A 3.45 Eredivisie Review Show 4.45-5.15am French Rugby

City 11.40 Two and a Half Men 12.40am Dirty Sexy Funny: Olivia Lee 1.10 South Park **2.10** The Office: An American Workplace 2.45 Jackass 3.15 Two and a Half Men 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

#### BBC3 (115)

7.00pm Doctor Who 7.45 Doctor Who Confidential 8.00 World's Toughest Driving Tests 9.00 Last Woman Standing 10.00 EastEnders 10.30 The Gemma Factor 11.00 Family Guy 11.45 Last Woman Standing 12.45am World's Toughest Driving Tests 1.45 The Gemma Factor 2.15 Cannabis: Britain's Secret Farms 3.15 Dancing on Wheels 4.10-5.10am Eddie Izzard: Marathon Man

#### E4 (136)

7.00pm Hollyoaks 7.30 How I Met Your Mother 8.00 Friends 9.00 90210 10.00 Supersize vs Superskinny 11.00

Shameless 12.10am Skins 1.15 As 7.30pm 1.45 Scrubs 2.35 Shameless 3.30 Supersize vs Superskinny 4.25 Crowned 5.10-6.00am Switched

TONIGHT

**DAVE (111) 7.00pm** Seaside Rescue **8.00** Top Gear 9.00 QI: With Jo Brand and Jimmy Carr. 9.40 Mock the Week 10.20 Would I Lie to You? 11.00 Have I Got News for You 11.40 Mock the Week 12.20am Absolute Power 1.00 Would I Lie to You? **1.40** The Mighty Boosh **2.20-3.00am** Two Pints of Lager and a Packet of Crisps

#### MTV ONE (350)

**7.00pm** Teen Cribs **8.00** MTV's Top **20** Under 25 9.00 Teen Mom 11.00 Nitro Circus: Travis Pastrana performs stunts. 12.00m't Pimp My Ride 1.00am Disaster Date 2.00 South Park 3.00 Rock of Love 4.00 Pimp My Ride 5.00-6.00am My Super Sweet 16



### 16 MARCH TUESDAY FULL 7

6.00am Sport Good Morning Sports Fans 7.00 The Simpsons (R) 7.30 The Simpsons (R) 8.00 Brainiac: Science Abuse (R)(HD) **9.00** Lie to Me (R)(HD) 10.00 Customs UK: Double bill. (R)(HD) 11.00 Lion Man (R) 11.30 Airline (R) 12.00noon The Biggest Loser: Australia (R) **12.30pm** Oops TV (R) **1.00** Lie to Me (R)(HD) 2.00 Angela and Friends (HD) 3.30 Project Runway (R) 4.30 Lion Man (R) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)

#### 7.00 The Simpsons

See? Don't you feel better now you've switched over from ITV1?(R)

#### 7.30 The Simpsons

In post-revolutionary France, Homer finds himself accused of treason. (R)

#### 8.00 Stargate Universe

Camille and Scott use the communication stones to visit loved ones on Earth. (R)(HD)

#### 9.00 Caprica

Battlestar Galactica prequel, set 50 years earlier, starring Eric Stoltz. (HD)

#### 10.00 Fringe

Peter enlists his estranged father to explain a phenomenon.

#### 11.00 Lost

More island-based confusion. (R)(HD)

#### 12.00m't Caprica

1.00am Road Wars 1.50 Ross Kemp 2.40 Don't Forget the Lyrics US 3.30 Brainiac 4.20 Journeyman 5.10-6.00am Are You Smarter Than a 10 Year Old?

Minute 12.25am Shameless 1.25 SPORT Cheltenham Festival Highlights: Nagrunning fun. 1.55 Jo Frost: Extreme Parental Guidance 2.50 The Bible: A History 3.45-4.40am Generation XXL

#### **VIRGIN 1 (121)**

7.00pm Star Trek: Voyager 8.00 Nothing to Declare 9.00 Why Men Watch Porn 10.00 Brit Cops: Zero Tolerance 11.00 Ninja Warrior 12.00m't Roulette Nation 3.00am Vegas Virgins 4.00-5.00am Ninja Warrion

#### SCI-FI (129)

5.00pm Buffy the Vampire Slayer 8.00 Eastwick 10.00 FILM Ice Twisters: Thriller starring Mark Moses. 11.50 Medium 12.50am Buffy the Vampire Slayer 3.00 Sea of Souls 4.00-6.00am Impact

7.00pm NCIS 9.00 Family Guy: Peter destroys the town's TV transmitter. 9.30 American Dad!: Triple-bill. 11.00 Nip/ Tuck 12.00m't NCIS 2.00am The Wire: McNulty leaks further details about the serial killer. 3.10 Urban Legends 3.40-4.15am Penn and Teller: Bullsh\*t!



#### **Chelseavs Inter Milan**

Sky Sports 2/HD, 7pm

SPORT With his suave looks, fashion sense and ability to turn the Londoners into one of Europe's finest, Jose Mourinho looked set for great things at Stamford Bridge. But his failure to win the Champions League left him in Abramovich's bad books and he was off. The Champions League still eludes the Blues, and if Mourinho's side put in another performance like the one that saw them win 2-1 in the home leg, he'll be in Roman's bad books again! \*\*\*\*



### **Sport Relief Does**

Pragons' Den BBC2, 8pm
REALITY
Ruby Wax, Patrick Kielty and Greg
Rusedski – among others – try to get the millionaires to invest in their "great" ideas.  $\star\star\star\star$ 

'Snowflake!

The agents investigate a shootout at a gun store and the discovery of a young woman's body dumped on the roadside. Cue a fairly predictable chain of mind-bogglingly complicated events as they bid to dig out the truth. Hurrah! \*\*\*



#### **Richard Hammond's** Invisible Worlds BBC1, 9pm

Ace new series following the *Top Gear* bloke as he learns about things going on around us that we miss. It's amazing stuff! ★★★★★



Quick, update

your Facebook

status!"

6.00am Breakfast 9.15 Missing Live 10.00 Homes Under the Hammer (R) 11.00 To Buy or Not to Buy 11.30 Cash in the Attic (R) 12.00noon Bargain Hunt **1.00pm** BBC News, Weather **1.30** Regional News, Weather 1.45 Doctors: Ruth faces a dilemma. 2.15 Missing 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.25 CBBC 5.15 Weakest Link 6.00 RRC News Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.00 Nature's Top 40 (R) 11.30 Daily Politics 1.00pm See Hear 1.30 Working Lunch 2.00 Animal Park (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! 4.30 Pointless 5.15 Escape to the Country (R) **6.00** Eggheads (R) **6.30** Antiques Road Trip: From Kendal, Cumbria, to Liverpool.

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show **10.30** This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 House Guest in the Sun **3.00** Dickinson's Real Deal **4.00** Rosemary & Thyme (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.00am The Treacle People 6.10 The Hoobs **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond 8.25 SPORT The Morning Line 9.20 Will & Grace 9.50 Deal or No Deal 10.35 Coach Trip 11.05 Wife Swap USA 12.00noon News Summary 12.05pm Dolce Vito - Dream Restaurant 12.30 LIVE Cheltenham Festival 4.15 Deal or No Deal 5.00 Coach Trip: A cookery lesson in Bulgaria. 5.30 Come Dine with Me Extra Portions 6.00 The Simpsons 6.30 Hollyoaks

6.00am Milkshakel 9.15 The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) 12.15pm House Doctor (R) 12.40 Five News 12.45 Axe Men (R) 1.45 Neighbours 2.15 Home and Away 2.50 I Own Britain's Best Home: Flying Visit (R) 3.05 Mystery Woman: Vision of a Murder: Mystery starring Kellie Martin. **5.00** Five News with Natasha Kaplinsky, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

#### 7.00 The One Show

#### 7.30 Life of Rilev

NEW Comedy starring Caroline Quentin. Shudder.

#### 8.00 MasterChef

The contestants rustle up meals in really nosh London restaurants.

#### 9.00 Tourette's: I Swear I Can't Help It

People with the potty-mouthed problem have a chat about it. (R)

#### 10.00 BBC News, Weather

#### 10.35 The National **Lottery Draws** Ball-colliding fun.

10.45 Damages Patty grills Louis Tobin about his fraud.

#### 11.25 Film 2010 with Jonathan Ross

A review The Bounty Hunter.

#### 11.55 **The Deep**

FILM Underwater adventure. Glug, glug, glug!

2.00am Sign Zone: MasterChef (R) 3.00 MasterChef (R) **3.30** Muslim Driving School (R) **4.00** Muslim Driving School (R) 4.30-6.00am BBC News

#### 7.00 The Berlusconi Show

Profile of the Italian PM

#### 8.00 Coast

More wittering about water. (R)

#### 9.00 Inside John Lewis

The department store's marketing strategies. If you care. Oh, you don't!

#### 10.00 Rhod Gilbert's **Work Experience**

The comedian takes care of seven children for a day. That'll wipe the smile off his face.

#### 10.30 Newsnight Paxo tells it like it is

11.20 The Bubble

With Sue Perkins, Marcus Brigstocke and Julia Hartley-Brewer. (R)

#### 11.50 A Band for Britain

The band takes part in a competition in Hardraw Scar, Yorkshire. We're guessing Hardraw Scar's not a holiday camp. (R)

12.50am BBC News

4.00-6.00am BBC Learning Zone

7.00 Emmerdale

The cast go on holiday to Hardraw Scar. Proves how wrong you can be.

#### 7.30 **UEFA Champions League**

The Champions League last-16 second second-leg match between Barcelona and Stuttgart at the Nou Camp, kick-off 7.45pm.

#### 10.00 ITV News, Weather 10.35 UEFA Champions

League: Extra Time SPORT Highlights of this week's last-16 second-leg matches, including Chelsea vs Inter.

#### 11.35 Cops with Cameras

An abandoned overturned car is discovered in Hertfordshire. (R)

#### 12.25am Nightwatch with Steve Scott: Crime

Crims get their comeuppance. (R)

1.20 Loose Women (R) 2.10 The Jeremy Kyle Show: An hour of non-stop shouting. (R) 3.05-5.30am ITV Nightscreen

#### 7.00 News

#### 7.55 3 Minute Wonder: How it Is

The work of Miroslaw Balka. Who?

#### 8.00 Relocation, Relocation 9.00 Ramsay's Kitchen

#### **Nightmares USA** The chef visits a Danish restaurant in

Florida to test out some new swearwords and stuff his face with pastries.

#### 10.00 Desperate Housewives

Susan and Katherine bicker over Mike.

#### 11.00 Shameless

Shane is left heartbroken by Kelly. (R)

#### 12.00m't Cheltenham **Festival Highlights**

SPORT Long-faced animals stretch their legs.

#### 12.35am 4Music: **Music Academy 2010**

12.50 The Album Chart **Show Spotlight** 

1.20 Mercury Prize Sessions 1.35 Top 20 **3.20** St Elsewhere **4.10** Year Dot Television 4.45 Battlefront Television 5.15-6.10am On Tour with the Queen

#### 7.30 Highland Emergency Royal Navy Rescue 177 comes to the aid of a stricken horse rider. (R)

#### 8.00 The Business Inspector

NEW Docu in which Hilary Devey pokes her nose into other people's business - literally!

#### 9.00 NCIS

A petty officer is killed in what initially seems to be a road-rage incident, but guess what - it's not at all!

#### 10.00 Law & Order: **Criminal Intent**

Logan and Barek investigate when an undercover secret service agent is found murdered in her own home. (R)

#### 11.00 Numb3rs

Numbers-based crime-cracking

#### 11.55 **Poker**

SPORT Highlights of a classic tournament.

1.00am SuperCasino 4.05 The FBI Files (R) 4.55 Rough Guide to Eco Escapes (R) 5.10 Neighbours: Aussie soap. (R) 5.35-6.00am Home and Away (R)

BBC1 SCOTLAND: 9.00pm Up a Long Creek BBC1 Damages 11.55 Film 2010 12.25am News 1.00

12.25am Film 2010 12.55 Hairy Bikers BBC2 SCOTLAND: 11.20pm SPORT Curling 12.20am The Bubble 12.50 A Band for Britain 1.50 News BBC2 N. IRELAND: 10.00pm Our Man in the Vatican 11.20 NEW Rhod Gilbert 11.50 The Bubble

12.20am A Band for Britain 1.20 News STV: 10.40pm River Monsters 11.10 SPORT Football 12.05am Roulette 1.00 Nightwatch 1.55 Jeremy

Kyle 2.50-5.30am Nightscreen ULSTER: 10.35pm

St Patrick's Day 11.05 SPORT Football 12.05am

SPORT Motorsport 12.35 FILM Lies My Mother Told Me **S4C**: As C4 except: **7.00pm** Wedi 7 **7.30** Newyddion a'r Tywydd 8.00 Pobol y Cwm 8.25 Pobol y Cwm 9.00 Tocyn 9.30 Digwyddiadau 09 10.15 CF99 10.50 Penawdau Newyddion a'r

N. IRELAND: 10.45pm SPORT Season Ticket 11.15 Berlin BBC1 WALES: 7.30pm History of the World 9.00 Ban the Boss 10.45 Tourette's 11.45 Damages

### **TODAY'S SPORT**

#### sky SPORTS 1

- 6.00am Good Morning Sports Fans 9.00 Football (HD) 9.30 Football Asia
- **10.00** Football **11.00** Poker 12.00noon Spanish Football
- 1.00pm Football (HD) 1.30 Football Asia
- 2.00 Football
- 3.00 Football (HD) 3.30 Football Asia
- 4.00 Spanish Football
- 5.00 Football (HD)
- 5.30 FIFA Futbol Mundial
- 6.00 Boots 'n' All
- 7.00 IVE Football: Bordeaux vs Olympiakos, kick-off 7.45pm. (HD)
- **10.00** Football (HD)
- 10.30 You're on Sky Sports! 12.00m't FIFA Futbol Mundial
- 12.30am Football (HD) 1.00 Boots 'n' All 2.00 Football (HD) 2.30 You're on
- Sky Sports! 4.00-6.00am Poker

#### sky SPORTS 2

- 6.00am Aerobics 6.30 Snow Ride 7.00 WWE Vintage Collection
- 8.00 Racing News
- 8.30 Snow Ride
- 9.00 Sailing 9.30 Snowboard Diaries
- 10.00 Airsports World **10.30** Pool
- 11.30 Snowboard Diaries 12.00noon Max Power
- 1.00pm Airsports World 1.30 Snowboard Diaries
- 2.00 Poker
- 3.00 Pool
- 4.00 Tennis
- 6.00 IVE Tennis: The seventh day of the BNP Paribas Open in California.
- 12.00m't European Tour Weekly
- 12.30am Inside the PGA Tour (HD) 1.00 Golf: Ball-smacking. 2.00 European Tour Weekly 2.30-3.30am Sailing

#### ON DIGITAL, SATELLITE AND CABLE TV TONIGHT FILM4 (315)

6.50pm In Good Company: Comedy drama starring Dennis Quaid. 9.00 She's the Man: Comedy starring Amanda Bynes and James Kirk. 11.00 Hostage: Action thriller starring Bruce Willis. 1.10am Some Voices: Drama starring Daniel Craig. 3.10-3.20am Green Zone Special

#### **COMEDY CENTRAL (126)**

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men: Double-bill. 10.00 Grouchy Young Men 10.30 Comedy Store 11.00 Sex and the City 12.10am Two and a Half Men 1.10 South



10.00 PortuGol 10.30 Skiing 11.00 Poker 12.00m't LIVE Basketball 2.30am PortuGol 3.00 Bundesliga Review Show 4.15 Kicks 4.30-5.00am Football

Park 2.10 Comedy Store 2.40 Jackass 3.10 Two and a Half Men 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

#### BBC3 (115)

7.00pm Doctor Who 7.50 Doctor Who Confidential 8.00 Eddie Izzard: Marathon Man: The physical and mental strain begins to take its toll. 9.00 TIM The Princess Diaries 2: Royal Engagement: Romantic comedy sequel. 10.50 Family Guy 11.35 The Gemma Factor 12.05am Hotter Than My Daughter 12.35 Snog, Marry, Avoid? 1.05 Undercover Princesses 2.05 Dancing on Wheels 3.00 Hotter Than My Daughter 3.30 Snog, Marry, Avoid? 4.00 The Real Hustle on Holiday 4.15-5.15am Dancing on Wheels

7.00pm Hollvoaks 7.30 How I Met Your Mother 8.00 Friends 9.00 My Best Friend's Wedding 11.05 The Cleveland

Show 11.35 King of the Hill 12.05am How I Met Your Mother 12.35 Scrubs 1.35 Being Erica 2.20 Roswell 3.45 Crowned 4.30-6.00am Switched

#### DAVE (111)

7.00pm Sahara with Michael Palin 8.00 Top Gear **9.00** Have I Got News for You 9.40 Black Books 10.15 Mock the Week 10.55 Rob Brydon's Annually Retentive 11.35 Black Books 12.10am Mock the Week 12.50 Dead Ringers 1.30 Two Pints of Lager and a Packet of Crisps 2.05 The Indestructibles 2.45-3.00am 520 Radical Highs: With base jumping.

#### MTV ONE (350)

7.00pm Teen Cribs 8.00 Teen Mom 9.00 MTV's Top 20 Under 25 10.00 Scream Queens 11.00 Nitro Circus 12.00m't Pimp My Ride 1.00am Cribs 2.00 South Park 3.00 Rock of Love 4.00 Pimp My Ride 5.00-6.00am My Super Sweet 16

### 17 MARCH VEDNESDAY FULL 7 DAY TV

6.00am Sport Good Morning Sports Fans 7.00 The Simpsons (R) 7.30 The Simpsons (R) 8.00 Brainiac: Science Abuse (R)(HD) 9.00 Lie to Me (R)(HD) 10.00 Customs UK (R)(HD) 10.30 Customs UK (R)(HD) 11.00 Lion Man (R) 11.30 Airline (R) 12.00noon The Biggest Loser: Australia (R) 12.30pm The Biggest Loser: Australia (R) 1.00 Lie to Me (R)(HD) 2.00 Angela and Friends (HD) 3.30 Project Runway (R) 4.30 Lion Man (R) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)

#### 7.00 The Simpsons

Homer declares bankruptcy. (R)

#### 7.30 The Simpsons

Homer and Grampa visit Ireland. (R)(HD)

#### 8.00 The World Wild Vet

Dorset vet Luke Gamble visits Malawi to treat an ill dog. That's dedication. (R)(HD)

#### 9.00 The Real A&E

A freak accident leaves a woman's ear hanging off. Ouch! (R)(HD)

#### 10.00 A League of Their Own

Sport-based comedy quiz show hosted by James Corden. (R)(HD)

#### 11.00 Greatest UEFA **Champions League Goals**

SPORT A countdown of the competition's most memorable onion bag busters. (R)

#### 12.00m't Ross Kemp on Gangs

The former EastEnders actor visits Kingston, Jamaica. (R)(HD)

1.00am Road Wars 2.40 Ross Kemp on Gangs 3.30 Don't Forget the Lyrics US 4.20 Journeyman 5.10-6.00am Are You Smarter Than a 10 Year Old?

Tywydd 10.55 Country House Rescue 11.55 Desperate Housewives 12.55am SPORT Horse Racing 1.25 Embarrassing Bodies 2.20 Comedy Showcase 2.45-4.20am FLM Raising Victor Vargas

#### **VIRGIN 1 (121)**

7.00pm Star Trek: Voyager 8.00 Trauma 9.00 Criminal Minds 11.00 8 Out of 10 Cats: Irreverent panel show. 12.00m't Roulette Nation 3.00am Vegas Virgins 4.00-5.00am Ninja Warrior

5.00pm Buffy the Vampire Slayer 8.00 Final Days of Planet Earth 11.40 Medium 12.40am Buffy the Vampire Slayer 3.00 Sea of Souls 4.00-6.00am Landslide: Disaster movie.

#### FX (164)

7.00pm NCIS 9.00 Family Guy: Stewie's first birthday doesn't go according to plan. 9.30 American Dad! 10.00 Dexter: Crime drama starring Michael C Hall. 11.05 True Blood 12.15am NCIS: A woman claims to have witnessed a murder. 2.15-4.05am Time Front Line: Thriller starring Eriq Ebouaney.

### TODAY'S MUST-SEES



#### **Mad Men**

BBC4, 10pm

Things are **DRAMA** getting pretty complicated for Don Draper, both in and out of the office. Taken under the wing of powerful hotelier Conrad Hilton, Don's rung up by his mentor in the middle of the night and asked if he'd like to work on Hilton's international arm. Unable to sleep, he goes driving and sees his daughter's sexy teacher, offering her a lift. Meanwhile, Betty is feeling frustrated and gay-in-denial Sal gets in trouble when a client gets flirty with him. ★★★★



### Whiteout Sky Box Office, From 6.30am

The lovely Kate Beckinsale plays a US marshal who discovers a body frozen in ice in Antarctica and sets out to hunt for the killer. It's not great, but it does feature Kate getting her kit off in a memorable shower scene, so it's not all bad! ★★★



1,000 Ways To Die Bravo, 10pm

Some people, it seems, just aren't happy with routine ways of meeting their maker! Series two gets under way with more darkly amusing reconstructions of the final moments of some of the most accident-prone people ever. ★★★



Leverage Bravo, 9pm

When an insurance investigator's son DRAMA vvneri ari irisurance ...... dies due to his company's refusal to help, he turns the tables and assembles a posse of con-artists to fleece America's worst capitalists. This week, a crooked contractor is in their sights. ★★★















**NUTS.CO.UK/FASHION** 

6.00am Breakfast 9.15 Missing Live 10.00 Homes Under the Hammer (R) 11.00 To Buy or Not to Buy 11.30 Cash in the Attic (R) 12.00noon Bargain Hunt: Rummaging for junk. **1.00pm** BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Missing 3.00 BBC News, Weather, Regional News 3.05 CReebies 3.25 CRRC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am (Reehies 7.00 CRRC 8.30) CReebies 11.00 Schools 12.00noon Daily Politics **12.30pm** Working Lunch **1.00** Open Gardens: A visit to Bristol. (R) 1.30 Castle in the Country (R) 2.00 Animal Park (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! 4.30 Pointless 5.15 Escape to the Country (R) **6.00** Eggheads (R) 6.30 Antiques Road Trip

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show **10.30** This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 House Guest in the Sun **3.00** Dickinson's Real Deal **4.00** Rosemary & Thyme (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.10am The Hoohs (R) 7.00 Freshly Squeezed **7.30** Everybody Loves Raymond (R) 8.25 SPORT The Morning Line **9.20** Will & Grace (R) **9.50** Deal or No Deal (R) 10.35 Coach Trip (R) 11.05 Wife Swap USA **12.00noon** News Summary 12.05pm Dolce Vito - Dream Restaurant (R) 12.30 LIVE Cheltenham Festival 4.15 Deal or No Deal 5.00 Coach Trip 5.30 Come Dine with Me Extra Portions 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshakel 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor(R) 12.15pm House Doctor(R) 12.40 Five News 12.45 Axe Men (R) 1.45 Neighbours 2.15 Home and Away 2.50 The Family Recipe (R) 2.55 I Own Britain's Best Home: Flying Visit (R) 3.10 FILM Murder 101: College Can Be Murder: Mystery sequel starring Dick Van Dyke. **5.00** Five News with Natasha Kaplinsky, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) 6.25 Live from Studio Five

#### 7.00 The One Show

7.30 EastEnders Pie-and-eels pap.

8.00 MasterChef

John Torode and Gregg Wallace oversee two heats of whisk wielding.

9.00 Million Pound **Bike Ride: A Sport Relief Challenge** 

Celebrities cycle from John O'Groats to Land's End. We suggest they use something a bit better than a Grifter.

10.00 BBC News, Weather

10.35 Question Time Political nonsense

11.35 This Week

Andrew Neil is joined by MP Diane Abbott and former MP Michael Portillo and together they discuss nothing at all.

12.25am Sign Zone: **Panorama** 

Stopping illegal internet downloads. (R)

12.55 Countryfile (R)

1.55 Seven Ages of Britain (R) 2.55 Tropic of Cancer (R) 3.55 Lark Rise to Candleford (R) 4.55-6.00am BBC News

7.00 Henry Moore: **A Culture Show Special** 

The sculptor's life. Give it a miss.

8.00 Museum of Life

NEW Behind the scenes at the Natural History Museum in London. Stick the footy on! It's on Five.

9.00 The People's Politician

A plan to try and get the general public and MPs to just get along with each other.

10.00 The Bubble

Half-decent comedy news quiz hosted by David Mitchell

10.30 Newsniaht

11.20 Women

...are brilliant. The end.

12.20am Henry Moore: A Culture Show Special

This show's like a bad penny! (R)

1.20 BBC News 4.00-6.00am BBC

Learning Zone: Educational programmes.

7.00 Emmerdale Dales-set dross

7.30 Afraid to Be Gay: **Tonight** 

8.00 Emmerdale

Nicola's rota proves unpopular with Carl. Whoa - the drama just refuses to stop!

8.30 Coronation Street

Another dose of battleaxes threatening their husbands with rolling pins.

9.00 The Bill

The hunt for Paul Sorrel's killer goes on.

10.00 ITV News, Weather 10.35 Car Crime UK

A load of cops stage a raid on a cannabis factory in Manchester. (R)

11.35 Regional Programme 12.05am In Plain Sight

Stan's first-ever witness turns up dead. (R)

1.40 The Jeremy Kyle Show: Guests have

a rant. (R) 2.35 Afraid to Be Gay: Tonight

(R) 3.00-5.30am ITV Nightscreen

12.50 Loose Women Topical debate (R)

7.00 News

7.55 3 Minute Wonder: How it Is

8.00 Country House Rescue "Get orf my land!" etc.

9.00 The Lady and the Revamp

Following the new editor of women's weekly The Lady. Forget it.

10.00 Alan Carr: Chatty Man MUST-SEE With face-puncher David Haye and music from Florence and the Machine.

10.50 Hung

Tanva blacklists Jemma for breaching the rules of the escort service.

11.25 Huna

12.00m't Cheltenham **Festival Highlights** 

SPORT The third day of the prestigious event

12.35am Chris Moyles' Quiz Night(R)

1.25 Alone in the Wild 2.20 Sive Days to Midnight 3.50 The War at Home 4.15 Year Dot TV 4.45 Battlefront Television 5.15-6.10am On Tour with the Queen

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

South Park 2.50 Comedy Store 3.20 Two

and a Half Men 4.20 Everybody Loves

7.00pm Doctor Who 7.45 Doctor Who

Confidential 8.00 Snog, Marry, Avoid?

Raymond 5.10-6.00am Frasier

9.00 Dancing on Wheels 10.00

7.30 UEFA Europa League Football

LIVE Liverpool continue slumming it in the lesser European competition, tonight hosting French club, Lille in the last-16 second-leg encounter from Anfield. Kick-off 8.05pm.

10.10 In Hell

FILM A grieving husband is jailed in a nightmarish Russian prison for a crime of passion, and faces a brutal regime where the sadistic warden pits the inmates against each other and forces them to fight to the death. Heck! Jean-Claude Van Damme stars.

12.10am SuperCasino

Live interactive cash-guzzling.

4.05 The FBI Files (R) 4.55 Rough Guide to Weekend Breaks (R) 5.10 Neighbours (R) **5.35-6.00am** Home and Away (R)

BBC1 N. IRELAND: 11.35pm Hearts and Minds 12.05am This Week 12.50 BBC News 1.25 Panorama BBC1 WALES: 11.35pm Dragon's Eye 12.05 This Week BBC2 SCOTLAND: 7.00pm Horo Gheallaidh 7.30 Eòrpa 11.20 Henry Moore 12.20

Women BBC2 N. IRELAND: 7.00pm Blas Ceoil 7.30 Hearts and Minds 11.20 Henry Moore: A Culture Show Special 12.20am Women BBC2 WALES: 7.00pm Dragon's Eye 7.30 Hidden Houses of Wales 11.20 Henry Moore 12.20am Women

STV: 7.30pm It's Never Too Late 9.00 Scotland's Greatest Team 10.30 STV News, Weather 10.40 Underbelly Uncut 11.40 Politics Now 12.15am Roulette Nation 1.05 FLM Murder by Numbers ULSTER: 7.30pm The Seven Thirty Show 10.30 UTV

**BBC3 (115)** 

Live Tonight 11.10 Afraid to Be Gay: Tonight 11.40 Brain Box ITV1 WALES: 7.30pm Wales This Week 10.35 Sharp End 11.05 The Wales Show 11.35 The Lakes **S4C:** As C4 except: **6.55pm** Wedi **7 7.25** Y Clwb Rygbi 9.30 Newyddion a'r Tywydd 9.45

#### **TODAY'S SPORT**

6.00am Good Morning Sports Fans 9.00 Football (HD)

9.30 FIFA Futbol Mundial

10.00 Boots 'n' All

11.00 Total Rugby 11.30 Football (HD)

12.00noon European Tour Weekly

12.30pm LIVE Golf: It's day one of the Hassan II Golf Trophy in Morocco. (HD)

4.30 Football (HD)

5.00 ATP Tour Uncovered

5.30 The Rugby Club (HD)

6.30 Premier League World

7.00 MUST-SEE Darts: The sixth round of the season from the Brighton Centre. (HD)

10.30 Time of Our Lives

11.30 The Rugby Club (HD) 12.30am Premier League World

1.00 Darts (HD)

4.30 Time of Our Lives 5.30-6.00am Premier League World

#### sky SPORTS 1 sky SPORTS 2

6.00am Aerobics 6.30 Snow Ride 7.00 WWE: Experience (HD) 8.00 Racing News **8.30** Snow Ride **9.00** Sailing **9.30** Golf

10.30 Inside the PGA Tour (HD)

11.00 Snowboarding

11.30 Transworld Sport

12.30pm FIFA Futbol Mundial

1.00 Football (HD) 1.30 Total Rugby

2.00 Transworld Sport

3.00 Football (HD)

3.30 Total Rugby 4.00 Boots 'n' All

5.00 Watersports World

6.00 Sailing

6.30 The Dogs
7.00 Live Golf: The Transitions

Championship in Florida. (HD) 10.00 Golf (HD) 11.30 Sailing 12.00m't

Golf (HD) 3.00am Golf: The Hassan II Golf Trophy. (HD) 4.30-5.00am The Dogs

#### FILM4 (315)

6.50pm Gallipoli: Australian World War One drama starring Mel Gibson. 9.00 Cellular: Thriller starring Kim Basinger. 10.50 The 51st State: Crime comedy starring Samuel L Jackson. 12.35am Little Otik: Comedy with Veronic Zilkovù. 3.10-3.20am The Lovely Bones Special

**COMEDY CENTRAL (126)** 

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 Police Academy 7: Mission to Moscow: Comedy sequel. 11.40 Sex and the City 12.50am Two and a Half Men 1.50

Football: A Europa League last-16 second-leg contest. 10.15 Goal! 10.45 MMA Live 11.30 Football 1.30am Snowboarding World Cup 2.00 NBA

5.30pm WE

EastEnders 10.30 Eddie Izzard: Marathon Man 11.30 Family Guy: Double-bill of fun. 12.15am Dancing on Wheels 1.15 Snog, Marry, Avoid? 2.15 Eddie Izzard: Marathon Man 3.15 The Real Hustle Undercover 3.45 Glastonbury 2009

4.40-5.25am Jay-Z Live from Madison

Square Garden: Answer the Call E4 (136)

7.00pm Hollyoaks 7.30 How I Met Your Mother 8.00 Friends 9.00 The Big Bang Theory: Raj faces being sent to India. 9.30 How I Met Your Mother 10.00 MUS Skins: It's the last one! 11.05 Glee

12.05am How I Met Your Mother 12.35 Scrubs 1.30 Skins 2.30 Supernanny 4.20 Crowned 5.05-6.00am Switched

#### **DAVE (111)**

7.00pm Traffic Cops 8.00 Top Gear: With guest Simon Pegg. 9.00 Little Britain Abroad: First of two comedy specials. 9.40 Never Mind the Buzzcocks **10.20** Psychoville: Comedy thriller starring Reece Shearsmith. 11.00 The League of Gentlemen: A hiker visits Royston Vasey. 11.40 Bottom 12.20am Little Britain Abroad 1.00 The Mighty Boosh 2.20-3.00am The Indestructibles

#### MTV ONE (350)

7.00pm Teen Cribs 8.00 MTV's Top 20 Under 25 **9.00** Teen Mom **11.00** Nitro Circus 12.00m't Pimp My Ride 1.00am MTV's Top 20 Under 25 2.00 South Park 3.00 Rock of Love 4.30 Pimp My Ride 5.00-6.00am My Super Sweet 16

92 Nuts

Action 2.30-5.00am Live Ice Hockey

### 18 MARCH THURSDAY FULL 7 DAY TV



6.00am Sport Good Morning Sports Fans 7.00 The Simpsons (R) 7.30 The Simpsons (R) 8.00 Brainiac: Science Abuse (R)(HD) 9.00 Lie to Me (R)(HD) 10.00 Customs UK (R)(HD) 10.30 Customs UK (R)(HD) 11.00 Lion Man (R) 11.30 Airline (R) 12.00noon The Biggest Loser: Australia (R) 1.00pm Lie to Me (R) (HD) **2.00** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Lion Man (R) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)

#### 7.00 The Simpsons

Homer becomes a fire-fighter. (R)

#### 7.30 The Simpsons MUST-SEE Homer rejects Bart's plea for a brother.

#### 8.00 Pineapple **Dance Studios**

Foot-shuffling fluff. (R)(HD)

#### 9.00 A League of Their Own Sport-based comedy quiz show hosted by James Corden. (HD)

#### 9.30 Glenn Martin, DDS

NEW Dodgy stop-motion animation about the adventures of a dentist. (HD)

#### 10.00 Bones

The team is asked to determine the cause of death of a top-secret corpse. (HD)

#### 11.00 NCIS: Los Angeles A Marine is killed. (R)(HD)

#### 12.00m't A League of **Their Own**

Here it is again! (R)(HD)

#### 12.30am Road Wars (R)

1.30 Songbook 2.30 Ross Kemp on Gangs 3.30 Don't Forget the Lyrics US 4.20 Journeyman 5.10-6.00am Are You Smarter Than a 10 Year Old?

Pethe 10.20 Cwcw 12m't Ramsay's Kitchen Nightmares USA 1.00am SPOR Cheltenham Festival Highlights 1.30 Alan Carr 2.15 The Red Lion 3.10 SPORT Poker 4.05-4.35am SPORT KOTV

#### **VIRGIN 1 (121)**

7.00pm Star Trek: Voyager 8.00 Ghost Whisperer 9.00 Caribbean Cops 10.00 Hustle 11.05 Most Shocking 12.00m't Roulette Nation 3.00am Vegas Virgins 4.00-5.00am Ninja Warrior

5.00pm Buffy the Vampire Slayer 8.00 Legend of the Seeker 9.00 Sanctuary 10.00 The Land That Time Forgot: Adventure with CThomas Howell. 11.50 Medium 12.50am Buffy the Vampire Slayer 3.00 Sea of Souls 4.00-6.00am Ba'al: The Storm God: Fantasy.

#### FX (164)

7.00pm NCIS: Double-bill. 9.00 Family Guy 10.00 American Dad! 11.00 Family Guy: Lois becomes a gambling addict. 12.00m't NCIS: A bartender wakes up next to a body. 2.00am ReGenesis 3.00-4.00am UC: Undercover

### **TODAY'S MUST-SEE**



Skins E4, 10pm

It's been about DRAMA as bleak as the

Christmas Day episode of EastEnders, but as we reach the end of the fourth series of West Country-based teenage drama, there's no doubt it's made for brilliant telly. The domestic situation at Naomi's seems to have reached the point of no return, and there are a lot of scores to be settled. Almost all the action takes place in the house, where all the showdowns come to a head at the same time - and the teens learn some harsh lessons about life. \*\*\*



Premier League Darts

Sky Sports 1/HD, 7pm

We're off to Brighton to see a stuttering James Wade take on crazy-bearded Aussie Simon

Whitlock, Phil Taylor probably make mincemeat out of Terry Jenkins, and two other tasty tussles. \*



### The Real Sweeney

National Geographic, 10pm

The Flying Squad have been the Met Police's elite crime-stoppers and robberyfoilers for almost a century. This ace documentary tells their story and features rare archive footage. \*\*\*



The Simpsons Sky1/HD, 7.30pm
Bart is forced to spend some time with his sisters, and as a result realises that what he really wants is a brother he can use as a partner-in-crime. Cue one of the best episodes of



### **Alan Carr: Chatty Man**

Channel 4, 10pm

The goggle-eyed comic chats to British bonce-basher David Haye about his upcoming bout against John Ruiz, while music is provided by Florence and the Machine. Ace! ★★★★

### **Nuts MUST HAVE**



#### **JOKELINES**





#### **FASHION**



#### FOR SALE









Saucy Tease Plays Around

371664

ot Secretary

Pleases Boss



Naughty Babe Reveals Her Assets 372959



Horny Brunette Teases

Horny Holly McGuire

371809

Boobs On Cam



My Bro's Girl Played For Me In PVC!

Frisky Bodystocking Babe Reveals

Naughty Cassie Loves To Spank For Danielle Lloyds Horny Roleplay Vid

Mates Hot Sis Gets Naughty Outdoors

Naughty Leather Whip & Strip Vid!

19 Yrs Babe Gets Saucy In Suspenders BB's Banned Babe Emily Reveals More!

Very Saucy Uni Girls On Cam!





### **UNCENSORED ACTION!**











376801





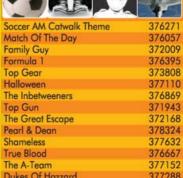
373098 377166







#### Inbetweeners - Ooooh Friend 371360 Die Hard - Yippee Ki Yay Mother... Meerkat - Simples! 377015 Text On Fire - Sex On Fire Spoof 374708 Fast & Furious Dump Valve 373846 Eastenders - Ending Doof Doofs 37639 Gav & Stacey - Oh, Whats Occur. 375722 Wallanders Phone Ringtone 371657 Churchill Dog 37562 Stewie - Victory Is Minel 37585 Del Boy - Luvvly Jubbly 37617 South Park - Dont Kick The Baby 379556 Naked Gun - Nice Beaver 374149





**VISIT OUR NEW WEBSITE!** www.dbmob.com~

TO ORDER: txt DBM (space) ITEM CODE to 80155 EG: txt DBM 370646 to 80155 ALL ITEMS JUST £3



T&C's: 80155 is aged 16+, All requests to 80155 are charged at 25p. Wap/ GPRS Required. All videos are in excess of 500k. Standard network costs apply. 5 Min Vids: Times are approximate. Free Video Wapsite: Standard network costs apply. K2 Media or its associated companies may contact you by SMS with similar promotions & products. To end text STOP to 80155. dbm is a Trade Mark of K2 Media Ltd, PO Box 162, Kendal, LA8 8WW, UK. Support line 08448797228.

### **Nuts MUST HAVE**

#### **DATING**

















### The 10776 women! The AND VIDEOS

HAVE FUN TONIGHT! GET PHOTOS & HOOK UP NOW OR WHEN IT SUITS YOU

Gill, UK (34)



Anna, London (36)



to 68889

Caro, Wales, (44)

Get my hot pix...text

Katherine, WALES

Get my hot pix Lext to 688

Janie, SOUTH (41)

to 68889

Get my hot pix... text

68889



BLONDIE to 68889

Polly, 44 UK.

Get my hot pix...text

POLLY to 68889

Tash, Glasgow (18)

TASH to 68889

Especia

10 68888

ESSEX (34)

18-3

Minki, Leics (18)

IINKI to 68889

Claire, Uk (38)



Val, UK (40s)



to 68889

#### OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM



et my hot pix ND VIDEOS ...Text to 68889

Liz, 20s Hants/Uk



Get my hot pix AND HOT VIDEOS ...text LIZ

to 68889

Daze, anywhere UK



to 68889

Jule, Uk (40)



Hot single woman (40) wants to be contacted by guys 18-35 for fun easy times. Get my hot pix...and HOT VIDEOS

JULE

to 68889

Milf, 40s North England



Nat (19) MIDLANDS/UK



anytime & Get my pix...and HOT VIDEOS

Text NAT 10 68889

Mell,Belfast NI (18)



ooking to

et my hot pix...text **IELL** to 68889

#### Beth, North East (38)

Lib NORTH WEST (21)



Lets hav e fu som Get my pix...text



Carly, 18 UK

Get my hot pix...and

CARLY

to 68889





#### Rita, Wales/Uk (45)





#### text-NOW to 68889



Nici, LANCS 38 and HOT!

Get my hot pix...text

Kyli 20, SUSSEX

to 68889

Beverly Mids/Uk (3os)





Get my he pix...text SAUCY to 68889

### SEEN

See who replies to your postcode.... To be matched to a

woman (with HOT hotos & maybe HOT videos Text-

PC followed by your postcode to 68889 (for example PC NE344NB)

Text PC followed by your postcode to 68889 and get in on the action! Hook up via your mobile

Text SWAP anytime to swap to a different hot woman\*

#### Kat, London. 18 years old!



KAT to 68889



Get my pix...



Got my pix... text KITTY

to 68889



Also

WWW. UK

EASY ACTION

.COM

HOOK UP NOW - VIA YOUR

MOBILE

#### Ami.20 GLOUCS.



Get my hot pix and HOT videos ...text

to 68889 Lee, 20 Leeds



to 68889



Get my hot pix...and VIDEOS text KER to 68889

ANNE, 40s YORKS



to 68889



Get my hot pix...AND VIDEOS text AMB to 68889



Leah, London/Uk (19)



Saucy older woman wants to hear from

younger guy 18+. Easy going, Fun loving kind single woman 35 - hopes

BEVERLY





Tani South West/Uk (43)



HWILKIE to 68889



to 68889 to 68889 to 68889 8+. This is NOT a subscription service. 25p for all sms text messages sent to 68889 &£1.50 per received sms text from 68889 (max, 4 billed message essage into 68889) Photos/videos sent in/received charged as 2 x £1.50. You must check your mobile is able to send/receive videos or photos. Real per a computer. You may receive some automated messages for billing purposes. Some free messages may be sent to users. Text stop to end (not case sens) wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messa ay appear on your bill. We do not sell or share your data or mobile phone number. No guarantee of meeting implied. Photos are for display purposes and of for fantasy entertainment only, areas to aid this. Virtual service Terms and conditions @ www.ukensyaction.com. please read the full terms and condit.

1.77 Beak Street, Soho, London W1F 6DB. To swae to a difference present with reports tax SWAP to 68889 st anotime. PLEASE ENSURE YOU have created the supplementations. Med 331, 77 Bo TO BAR USERS IF THEY MAVE NO CREDIT OR ARE UNDER 18, 18+ SERVICE. TO Stop the service text STOP to 68889 THA

# Nuts PUBAMO

Get your mates merry on mad facts!



Around 28 billion zombies have been killed in Xbox 360 game Left 4 Dead 2 since its release in November last year.

Anfield was originally the home of Liverpool's neighbours, Everton.

More babies in Britain are born on Christmas Eve than on any other day of the year.

Every year, Americans spend a total of nearly £17billion on beer.

Swiss Peter Colat recently broke the world record for holding his breath underwater. He held his breath for 19 minutes 21 seconds, beating the previous record by 19 seconds.

A flea can jump up to 130 times its own height and 200 times its length.

Indiana Jones was named after director George Lucas' dog, Indiana.

Roger Moore's 007 never ordered the legendary "shaken, not stirred" Martini – the only James Bond not to do so.

The Bank of England keeps £1million notes for internal use.

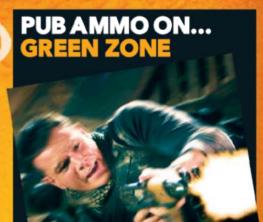
The average worker bee will make only half a teaspoon of honey in its lifetime.

Nine in ten UK women admit they check out other ladies' breasts.

In 1976, hippies changed the "Hollywood" sign so it read "Hollyweed", to celebrate the relaxation of drug laws in California.

Every three minutes, someone in the world reports a UFO.

Donald Duck was once banned in Finland because he doesn't wear trousers, so was considered too rude for a kids' cartoon.



The Bourne
 Ultimatum
 director Paul
 Greengrass and
 star Matt Damon
 are reunited for
 Iraq-set thriller
 Green Zone.

 The Green Zone is a ten squarekilometre area of Baghdad used as the centre of operations by Coalition forces.  While the movie was actually filmed at locations in Morocco, Spain and London, it boasts a number of real soldiers who served in the Middle East among its cast

 Green Zone is at cinemas across the UK from Friday 12 March.



COMPILED BY: JIMI FAMUREWA PHOTOS: PA, ALAMY

# don't worry, we won't tell your mum...



### that her present came free when you joined us

Join Orange on pay monthly, pay as you go or broadband, and you'll also pick up a fantastic free gift for Mother's Day.

A voucher for beauty treatments like manicures, pedicures and facials at a range of major salons could be just the thing to make her day extra special. Then again, you could always keep it for yourself...

Hurry now - offer ends 17 March.

pop into your local Orange shop or visit orange.co.uk/mum

